

Two top LHS seniors commit to Brown, Harvard

Matthew Mardo and Gabriela Carson discuss tough decisions, hard work, and realizing new dreams



Choosing an Ivy League school over other accomplished institutions isn't an easy decision. PHOTO BY KATHRYN PACKARD

By AILSA FERLAND She has a brilliant smile *LION'S ROAR STAFF* and articulates her words carefully as she talks. He is engaged and willingly discusses the “heart-wrenching” decision of where he’ll go to school next year. You would never hear it from them, but Gabriela Carson and Matthew Mardo are the only two students from this year’s graduating class to be accepted into schools associated with the Ivy League. This fall, Gabby will be attending Brown University to study environmental policy and Matt will be attending Harvard University to study neuroscience. Together, they are two everyday

kids who worked hard to achieve their dreams. Brown University has been Gabby’s dream school since she was a small child. Some of her family members are affiliated with the school, so it has always been a familiar name to her. As she has grown as a student, Brown University has continued to represent what she wants in a school. “I just feel like with their open curriculum and with the insane amounts of concentration possibilities that it would be the best choice for me,” she said, “especially if I ended up switching what I want to study- hopefully not- but I would have a lot of options and just

a lot of freedom to study in my academic future.” Thus, going into senior year Gabby’s dream school continued to be Brown. Matt’s college selection process was much different. “When everybody else started looking at colleges over the summer and started thinking about where they wanted to go, I always felt like I was kind of lost, and I didn’t really know where I wanted to go,” he said. “That started scaring me when people, like my best friend, already knew what colleges he was applying to and he was basically going to be done within the first month.” Early on, he planned to apply to Harvard on a whim. Matt did not think it was even remotely a possibility, and thus started senior year with his heart set on Duke University. He remembers, “It was a school that, for me, was the only one that I had found that I loved, where outstanding academics met with outstanding athletics. I wanted to have the school spirit of the sports with the ability to achieve academically.” He refused to visit Harvard, for fear that he would fall in love with a school he felt was out of his league. Gabby and Matt had very different selection processes, but felt similarly about the application process. Gabby, who is an only child and therefore had no prior experience with applying, said, “I was not expecting to get into a lot of my more selective schools. So I ended up adding a few safety schools toward the end of the process.” Matt, who watched his two older siblings go through the process, still had a similar view of what to expect: “It was scary because I felt like my applications were really divided into

two tiers, it was like the Definites and then the Impossibles... It was really stressful too.” Overall, applying to schools is a daunting process, many denials and acceptances come as surprises to students, luckily for these two LHS students, the surprises were pleasant ones. On Ivy day (the agreed upon date in which all the Ivies release their decisions), Gabby and Matt were both accepted to Brown, and Matt was also accepted to Harvard. Gabby remembers locking herself in her bedroom and crying when she found out, because, “...it was really overwhelming because at that point I had convinced myself that I wasn’t going to get in, and I had already gotten into my second choice school, so I was pretty set on going there.” Matt had also prepared not to get into the his top schools, mainly Duke and Harvard. “When I opened up Duke I remember just being ecstatic, and being proud that everything had kind of come together. And then when I opened up Harvard, the same thing of preparing myself -- ‘There is no way this is going to happen,’ -- and then I opened it and it was happiness, but it was more of ‘This isn’t supposed to be happening.’” Getting into the Ivies changed the entire decision process for Gabby and Matt. Gabby went from eleven schools to having to choose

Please turn TWO TOP SENIORS, page 3

Ivies by Numbers
Applications received by Ivies: 247,283
Applications accepted by Ivies: 23,010
Overall acceptance rate: 9.3%
Applications received by Brown: 28,919
Applications accepted by Brown: 2,649
Acceptance rate of Brown: 9.2%
Expected to enroll at Brown: 1,515
Applications received by Harvard: 35,023
Applications accepted by Harvard: 2,029
Acceptance rate of Harvard: 5.8%
Expected to enroll at Harvard: 1,660



Seniors have the last word in this month's issue. See pages 6-7. PHOTO: AVERY POTEMRI

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A letter from the editor

My goodbye to The Lion's Roar

By KATHRYN PACKARD *LION'S ROAR STAFF* I have no words to describe how sad I am that this is my last issue of The Lion's Roar. This has been such an immense part of my life for the last four years, and I cannot thank the entire team of writers, editors, contributors, and faculty enough for the amount of support The Lion's Roar has received in my time here. I have put my heart and soul into the entire Journalism Academy, and I am proud to walk away knowing how much we have accomplished in my two years as editor. Freshman year I was shy and nervous, and it was journalism that brought me out of my shell. Four years later, I am stronger and more outgoing than ever and I owe it all to this incredible academy. I am proud of who I am today and so much of that developed from The Lion's Roar. To my fellow graduating academy members: We did it, we're here, and I'm proud of us. We've achieved so much in these four years, from taking current events quizzes together, to shadowing upperclassmen, to

struggling to produce a monthly issue with a twelve-person staff. We've won awards, we've been nationally recognized, and we've done some big things. Thank you for that. Thank you for creating a little family here in the journalism room, thank you for going above and beyond for The Lion's Roar. Thank you for long nights writing articles and editing photos. Thank you for having the courage to never say no. You are all so ambitious and I am so excited to see where that gets you in these next couple years, because I know it will take you far. Even those of you that couldn't manage to squeeze one last journalism class into your schedule, you have still never turned your back on the Academy and I am so grateful for that. It is because of all of you that the Journalism Academy has been as successful as it has been these last few years. To my support system: Delaney and Mrs. Please turn EDITOR, page 11



THE 2015-16 EDITORIAL BOARD. Back row: Alex Levin, Nicole Carpenter, Delaney Maxell, Carly Swanson, Jennifer Salvadore. Front Row: Kathryn Packard, Ailsa Ferland, Ashley Votta, Isabella DiOrio, Gabby Carson and Samantha Leal. STAFF PHOTO

opinion

Vivision by Vivianna Nava

Thank you, Lincoln High School

- Every 26 seconds, a student in the U.S. drops out of highschool. That’s about 1.2 million students a year; or about 7,000 a day.
- Thirty years ago, America was the leader when it came to high school diplomas. Today, our nation is ranked 36th in the world.
- Almost 2,000 high schools across the U.S. graduate less than 60 percent of their students.

While the percentage of graduating Latino students has significantly increased, Asian-American and white students are still far more likely to graduate than Latino & African-American students.

- High school dropouts commit about 75 percent of crimes committed in the United States.

Now, being one of the first people in my family to graduate from high school and to pursue a higher degree of education, I’m no stranger to these graduation rates.

In this column, I have already written about my past, and it is without a doubt in my mind because of the love and dedication of the Lincoln High School staff that I have achieved everything I have to this day. The truth is, I don’t know where I would

be if not for our school and our community. I want to thank Lincoln High School, as a whole, for everything it has provided me. It has been an honor to consider myself a student, as well part of the newspaper staff and even to have my own column such as this one.

- So I want to add my own facts.
- I am:
- The second person in my family to graduate from High School.
 - The first person to be accepted and going to attend a four-year college.
 - The first journalist.
 - The first person to ever win any awards for writing.
 - And most importantly, I have made my family and teachers proud.

So, here is my last vision I would like to share with everyone here at LHS: Be on the lookout for my name, because it’s not the last time you are going to see it. Thank you. -Love, Vivi

The Orlando Nightclub Shooting: What have we learned?

On June 12, 2016, 49 people were killed and fifty-three were injured at the Pulse Nightclub in Orlando in the deadliest mass shooting that the United States has ever seen. It was also the largest act of violence that has ever been perpetrated against the LGBT community in this country and the deadliest terrorist attack on American soil since the 9/11 attacks in 2001. The national and global reaction was, understandably, one of utter shock and disbelief. Nobody would ever have thought that something like this would occur in America, especially so close to the one year anniversary of same-sex marriage being legalized here. But it did.

Something that I noticed right after the Pulse shooting more than I ever had before was the sense of community between LGBT people. A few days after the shooting I attended a daytime vigil in downtown Providence and about a week afterwards I went to my first Pride. There were people of all shapes, sizes, and colors from all walks of life united together to celebrate each other and to honor the forty-nine Pulse victims. The victims were honored throughout the day and into the evening during the parade. We felt like we had lost brothers and sisters.

One year later America is a very different place. The man who issued an appalling statement on this attack, focusing solely on ‘radical Islamic terrorism’ rather than the horrific tragedy that the victims, their families and friends, and the LGBT community had just faced, is now the president of the United States and has filled his cabinet with many vocally anti-LGBT officials who have already begun to strip away the rights of gay and trans people in this country that we have fought so hard for.

That sense of community we felt one year ago still remains but so does the sadness for our slain brothers and sisters and the anger and the fear. It wasn’t supposed to be like this. None of this was supposed to happen. When we won the right to marry we knew that we still had more to do, but we never thought it would be this much. We didn’t think we’d go so far backwards.

The anger we continue to feel, and the fear we continue to feel, however, are counter-

productive unless we harness it to make real change. Anger is a powerful thing and, if expressed in the right way, can be the spark needed to kick start the movement to create the aforementioned real change. One year after Pulse it is more important than ever before for us to be strong and to not let our anger and fear control us, but rather acknowledge it and let it guide us to creating the change that we so desperately need.

But most importantly it is imperative that we remember why we are fighting. We are fighting for the LGBT people of the past who weren’t able to live as themselves. We are fighting for the LGBT people today who can’t. We are fighting for the LGBT people of the future so that they won’t have to. We are fighting for the forty-nine

people who were lost at the Pulse nightclub: Stanley Almodovar III, Amanda Alvear, Oscar A Aracena-Montero, Rodolfo Ayala Ayala, Antonio Davon Brown, Darryl Roman Burt II, Angel L. Candelario Padro, Juan Chavez Martinez, Luis Daniel Conde, Cory James Connell, Tevin Eugene Crosby, Deonka Deidra Drayton, Simon Adrian Carrillo Fernandez, Leroy Valentin Fernandez, Mercedes Marisol Flores, Peter O. Gonzalez Cruz, Juan Ramon Guerrero, Paul Terrell Henry, Frank Hernandez, Miguel Angel Honorato, Javier Jorge Reyes, Jason Benjamin Josaphat, Eddie Jamoldroy Justice, Anthony Luis Laureano Disla, Christopher Andrew Leinonen, Alejandro Barrios Martinez, Brenda Lee Marquez McCool, Gilberto Ramon Silva Menendez, Kimberly Morris, Akyra Monet Murray, Luis Omar Ocasio Capo, Geraldo A. Ortiz Jimenez, Eric Ivan Ortiz-Rivera, Joel Rayon Paniagua, Jean Carlos Mendez Perez, Enrique L. Rios, Jr., Jean C. Nieves Rodriguez, Xavier Emmanuel Serrano Rosado, Christopher Joseph Sanfeliz, Yilmery Rodriguez-Solivan, Edward Sotomayor Jr., Shane Evan Tomlinson, Martin Benitez Torres, Jonathan Antonio Camuy Vega, Juan P. Rivera Velazquez, Luis S. Vielma, Franky Jimmy Dejesus Velazquez, Luis Daniel Wilson-Leon, and Jerald Arthur Wright.

We are fighting so that they did not die in vain, and so that they are never forgotten.

Calling for removal of labels, acceptance of people

Humans are strange creatures. There are many things humans do that, if someone were to really consider them for a moment, would lead them to ask “why?” Perhaps one of the strangest, and frankly one of the most dangerous, aspects of human behavior is the need to put labels on everything.

Now, labeling is not such an atrocious action when thinking of it in a general sense. Sometimes labeling things can be extremely beneficial. Labels on different sections in a binder for school can help a student stay organized. Labels on food containers help people to be aware of what they are putting into their bodies. Labels on clothes help ensure that someone does not accidentally put their favorite red shirt in the wash and end up with an entirely pink wardrobe.

The danger of labeling comes when people start trying to assign labels to other humans. Society likes to believe that anything and everything, including people, can fit into a neat, little box. Members of society have been conditioned to fear the unknown, and are therefore encouraged to categorize everything so that nothing is too new. The problem with this is that humans do not, by any means whatsoever, fit into neat, little boxes.

Humans are like colors. Blue is rarely, practically never, just blue. Blue is royal blue, cadet blue, cobalt blue, cornflower blue, sky blue. Humans, like colors, have shades. They are nuanced in such a way that no category can define them completely.

Besides the fact that humans are simply unable to be totally defined by a label, labels are often made in haste. When a person first lays their eyes on another, one of their first reactions is to label them. They assess their clothes, their physical features, and make other shallow observations in a few seconds. Then based off these observations, they stick a label on that person. As with most things, a label assigned this quickly and with such little care is usually way off base.

What if someone’s physical appearance does not match with who they are? Is it really so unheard of for someone to have a preference for clothing that does not reflect their personality type? Typically people who dress in all dark clothing are labeled as “goth”. But what if someone just likes the color black? People who wear skirts and dresses are often labeled as “girly-girls”. But what if they just like to wear dresses because it makes them feel good about themselves? Clothes do not define a person.

High schools especially are feeding grounds for labeling. From a young age students are taught that their peers can all be lumped into a few specific groups. Usually there are groups of students



LABELS are for food containers and clothing tags, not for people. PHOTO BY RACHELLE BOUSQUET.

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news

Cuban calls Trump presidency “political chemotherapy”

By SYED ALI HUSAIN Mark Cuban is an American businessman who founded a computer software company in the 1980s, and today is among America’s wealthiest, with a net worth of \$3.2 billion. Cuban is also one of the hosts of the famous reality television show, Shark Tank, which allows entrepreneurs to come on and pitch ideas that could be the “next big thing”. He is also the owner of the professional NBA team, the Dallas Mavericks. Mr. Cuban was an outspoken critic of President Donald Trump during the 2016 election, and even now criticizes his policies.

During an interview with Sports Illustrated, Cuban said he believes rather than using logic in how they voted this past election, or even self-interest, many Americans voted out of frustration. Yet even with his dislike of Trump, he believes that President Donald Trump must be given a chance.

It is interesting that although he criticized Donald Trump throughout the election and supported Hillary Clinton, he still voted for him. Hillary Clinton won the popular vote, and Cuban says it is crucial that those voices are recognized in the shaping of this country going forward, but it is also important to recognize that a country divided cannot move forward at all.

Cuban has most recently took to calling Trump’s presidency a sort of “political chemotherapy”. He believes Americans voted for a “poisonous” individual to shake up the American political system. Cuban has remained critical of certain parts of Trump’s presidency however, mentioning the failed Republican health care push, solid tax reform, and building relationships with the Democrats. Although Cuban has not expressed a desire to run in the next presidential election, he has said to not ever rule it out, and that he believes he could do a better job than Donald Trump.

In fact, during the election, he even went out to say he would consider being Trump’s running mate, before he had the chance to learn about the kind of person he is.

Cuban brings a new and different political perspective, and unlike most people in politics today, he is not committed to just one side of the spectrum, and has very understanding views that are both liberal and conservative; the attitude all Americans should hope for in a president.

Two top seniors commit to Harvard, Brown

From page 1 between Swarthmore College, Bowdoin College, and now Brown University; while Matt went from twelve schools to choosing between Johns Hopkins University, Duke University, and now Harvard University.

Gabby committed to Brown, because no matter how hard she tried to convince herself otherwise, Brown was always her dream. May 1 was a more difficult deadline for Matt. He narrowed it down to Duke or Harvard, but



MATT MARDO plans to pursue a degree in neuroscience. PHOTO: KATHRYN PACKARD

had to keep outside opinions from affecting his decision.

“The worst part of this whole part right now is when I tell people where I’m thinking about going or things like that, or where I got in, or I’m between Duke and Harvard,” Matt said. “And then people say to me oh ‘That’s not a choice, it’s obviously Harvard.’They don’t understand that this is a choice.” Matt’s dream was Duke, but it became Harvard. He committed to the world-renowned institution, not because other people told him to, but because he realized a different dream that will make him happy.

Both students agree that there is a stigma



GABBY CARSON will study environmental policy next year. PHOTO: KATHRYN PACKARD

to attending the Ivies, mainly that they are made up of preppy, elitist academics. However, both stressed that the Ivy League started out as an athletic conference, and the pair are proof that you do not have to be a child prodigy to take advantage of the opportunities around you. Matt tells of a funny incident while visiting Johns Hopkins: “I had one girl ask

me, ‘Where are you thinking about going?’ and I told her my other options. Duke doesn’t click in everyone’s head, but Harvard clicks in everybody’s ears. So I told her, and the girl looks away, and then a minute later she goes ‘So what did you invent? What kind of research did you do?’ And I told her like no, that’s not me.”

Gabby and Matt agree, that looking favorable on an application requires that students utilizing the opportunities presented to them. They also agree that the name of a school should not influence where you apply, and that you should apply where you are comfortable going.

As for some sage advice, Gabby says “Please don’t apply just because you want to say you got into an Ivy, because I feel like that’s really overrated. Definitely dream big, get involved with stuff starting your freshman year, and stay consistent because a lot of times you’ll just see people joining things junior and senior year and not really committing to what they are a part of. I think just demonstrate your passions [and] form really close relationships with teachers that can write you good letters of rec...”

Matt concludes, “The part I like to talk about and tell people is that I like to think that I came from a public school, from the smallest state and you think the options are limited, things like that, but the opportunities are in front of you here, and if you take them, anything’s possible. I’m proud to be able to show kids that. The odds aren’t against you. Here you go. You can do it. It’s about what’s inside of you, and what you do with what’s surrounding you.”

So dream big LHS, it will take you wherever you are meant to be.

famous scandals

‘Petticoat Affair’ destroyed cabinet, launched new era for women

By AILSA FERLAND The political arena is a breeding ground for scandals. There are frequent stories of corruption and infidelity in modern media, but it is easy to forget the stories of years past.

Margaret “Peggy” O’Neale was born in Washington D.C. on December 3, 1799 to the owner of a boarding house and his wife. At a young age she was already known around Washington as a witty and intelligent young woman who was also a skilled pianist and dancer. According to history.com, “She charmed many of the boarding house’s tenants... and was suspected of having many illicit affairs before her first marriage.” Peggy first met Andrew Jackson and his friend John Eaton at the boarding house when she was 23. At the time, she was married to John B. Timberlake, a navy purser who was frequently sent to sea for work.

Shortly after their first meeting, John Eaton, who was a U.S. Senator from Tennessee, started to help support Peggy financially and emotionally while her husband was away. However, the beginning of this scandal came about when Eaton started escorting her to social gatherings. According to records, Peggy



This is a cigar box for the brand RC Company, that featured the story of Peggy O’Neal, the wife of the Secretary of the Navy under Andrew Jackson, on its cover. The vignette on the left shows President Jackson giving her flowers after the Washington wives snubbed her. The vignette on the right shows her husband killing a man in a duel after insulting her. U.S. LIBRARY OF CONGRESS

and John both claimed they were only friends at this time, but rumors began to spread that it was another illicit affair. When Peggy’s first husband died unexpectedly, it was widely believed that the heartbroken man committed suicide. This rumor evolved into what is now known as the Petticoat Affair.

In the aftermath of her husband’s death, Peggy married John Eaton, and Andrew Jackson was elected to be the next President of the United States. Jackson appointed Eaton as his secretary of war, saying to those who disapproved of Eaton’s wife: “Do you suppose that I have been sent here by the people to consult the ladies of Washington as to the proper persons to compose my cabinet?!”(history.com)

Jackson’s declaration did not sway the ladies, however. Led by Vice President John Calhoun’s wife, many wives of cabinet members, among others, proceeded to ostracize Peggy publicly. This only angered Jackson, and according to britannica.com, “It was the beginning of the estrange-

ment between Jackson and Calhoun, a break that was finalized when Jackson reorganized his cabinet in 1831 and dropped three Calhoun supporters from it.” To allow Jackson to reorganize effectively, Martin Van Buren, the Secretary of State, and John Eaton resigned from their positions in 1831. Van Buren gained Jackson’s support in doing so, and by treating the Eatons kindly. In return, Jackson offered him Calhoun’s position as vice president during his second term.

John Eaton went on to serve as the U.S. Minister to Madrid, and died in 1856. His love for one woman caused the entire destruction of Jackson’s first cabinet, and was the beginning of a new era for women in society. Peggy’s “passionate nature, flirtatiousness and outspokenness” (history.com) were not of her time, but they most certainly opened a door for the independent American women of today. Her scandalous nature led many to lose faith in Andrew Jackson’s judgement, though her future husband is the most scandalous of anyone in this story. Peggy later married a young Italian dancing master, Antonio Buchignani, who within a few years defrauded her of her property and ran off with her granddaughter. And the rest is history.

Despite new policies, hazing practices are leading to tragedy

By SADIE LaFleur A Michigan college student with a deadly peanut allergy was a recent victim of a hazing ritual in which he was daubed in the face with peanut butter at an off-campus party, causing a severe reaction that left him with eyes so swollen, he grasped barely any vision. The television station WDIV in Detroit quoted an unidentified fraternity member as saying: “We were just trying to be funny, just guys hanging out, and we used peanut butter and put some on his face. We didn’t know he was allergic,” the member said. As Michigan college sought other hazing rituals on campus, they discovered students trying to join fraternities, sororities, clubs or athletic teams have been tied up, blindfolded and sexually abused.

Too frequently, hazing leads to tragic consequences. Such is the case with a recent Grand Jury decision against a fraternity president and vice president who were charged with 50 counts each of hazing and reckless endangerment from hazing activities, dating back to the spring of 2016. Eight Beta Theta Pi fraternity members face charges of involuntary manslaughter and an additional 10 Penn State students face lesser charges. Penn State student Timothy Piazza’s hazing led him to his death, and it was no accident. On a pledging night for The Beta Theta Pi fraternity, camera footage caught the horrific acts of hazing that went from a fracture at the base of his skull and a ruptured spleen, to death. The victim suffered from the severe effects of consuming large amounts of alcohol and from a fall down a flight of stairs and hours later, he fell and hit his head on a metal railing. His body was also punched at one point according to video evidence from the scene. At the point when his injuries and physical state were clearly at its worst, no one made a call to 911. One member



of the fraternity urged, but he was overruled by other members. By the time emergency services arrived, it was too late. And the bad decisions did not end there. Many members of the house were accused of tampering with evidence, in what was seen as an attempt to remove evidence from both the house and data from their phones to limit their liability from the hazing incident. They now face charges as well. Hazing is any action or any situation pursued intentionally to causes embarrassment, harassment or ridicule and puts emotional and/or physical harm to members of a group or team, whether new or not, regardless of the person’s consent. While being part of a campus group can be one of the most meaningful aspects of student college life, hazing is often a hidden but serious

problem. The value of these experiences can lead to so many consequences that no one should deal with. Whether we read a headline in the news about it, or hear nothing at all, hazing is always continuing somewhere. Being initiated into a sorority or fraternity in college is one of the most common situations that lead to hazing. Although becoming apart of a brotherhood or sisterhood may be very important to some people, everyone should ask themselves first, is it really worth it? Some sororities or fraternities do not put people at such a harmful risk, but you never know how bad it can get until you experience it. The University of Maryland found that since 1970, there has been at least one hazing-related death on a college campus each year. Here we are, 2017. Why is hazing still practiced today? No one can answer that. It varies within the groups themselves. Some of it may be the idea of tradition, in others it might be to declare their status and power. Although it is nothing to take pride in, it has not been solved after thousands of years. Many states have anti-hazing laws, although which many of these have no real affect

on hazing practices. Only a couple of states, mainly Florida and Texas, have experienced the laws. But in most states, the laws are mainly symbolic and need to be restructured and rewritten to have a real effect on states. A lot of legislators are former members of fraternities, sororities, or sports teams and there have been

so many attempts to get laws changed. There have been at least four or five laws introduced to Congress relating to the illegality of hazing. But because they have been poorly written, there’s only a thin chance of them getting passed because they are widely challenged as unconstitutional.

Hazing deaths of last five years that have made the headlines

February 4, 2017; Tim Piazza, at Penn State
Died after falling down a flight of stairs. His fraternity brothers did not call an ambulance for 12 hours, and 18 of them were charged; eight with involuntary manslaughter, and the rest with other charges, including hazing.

March 18, 2016; Raheel Siddiqui, at Marine Corps Recruit Depot, Parris Island
Died from falling from a 40-foot high stairwell after running away from a drill instructor, who had previously hazed and harassed him, like ordering him into industrial clothes dryers several times, because of his religion. The instructor was charged with many charges, including cruelty and maltreatment.

November 17, 2014; Trevor Duffy, at University of Alabama
Died from alcohol poisoning after being forced to drink a 60-ounce bottle of vodka during his pledge. Seven people were charged each with a hazing misdemeanor.

November 14, 2014 Nolan Burch, at West Virginia University
Died from alcohol poisoning following an initiation to a fraternity. One person was charged with one count of nazing and one count of conspiracy to commit hazing.

September 22, 2014; Tucker Hipps, at Clemson University
Died from head trauma after falling off a bridge into shallow waters. Reportedly, Hipps was seen being forced to walk the narrow railing of the bridge before falling. Three fraternity brothers and Clemson University are facing lawsuits from the victim’s family.

July 1, 2014; Armando Villa, at California State

Died from a heat stroke. Though not a normal hazing, the victim and other pledges went on an 18-mile hike, and Villa left the group to find more water when they ran out. Shortly after, he was found lying unconscious. The university as well as fraternity are facing lawsuits from the parents.

December 8, 2013; Chun “Michael” Deng, at Baruch College
Died after being forced on a backpack with 20 pounds of sand for a ritual and falling at hitting his head. He was unconscious for two hours after the incident before anyone sought any medical assistance. Four have plead guilty to manslaughter.

April 20, 2014; Marvel Edmondson and Jauwan Holmes, at Virginia State University
Died after drowning when the victims and five other fraternity members locked arms and crossed a river for an initiation. Four plead guilty to involuntary manslaughter and hazing charges.

March 26, 2012; Robert Tipton, at High Point University
Died from an oxymorphone overdose. Fraternity brothers allegedly assaulted the victim multiple times in the events leading to his death. No charges were filed, however the family of the victim filed lawsuits against the fraternity, members of the fraternity, and the university, alleging they tried to cover

September 2, 2012; Philip Dhanens, at California State University
Died from alcohol poisoning after a bid night ceremony. Three of the fraternity brothers were charged with hazing.

- Nicholas Albanese

DATES

Option 1: Saturdays
9:00-1:00 pm

(August 19, 26,
Sept. 9, 16, 23, 30)

Option 2: Sundays
Noon-4:00 pm

(August 20, 27,
Sept. 10, 17, 24, Oct. 1)

SAT
WORKSHOP

to be held at Academic Advantage
1845 Post Road, Warwick, RI

To register call:
401-921-5860
or visit
academicadvantageri.com

Limited Space
Register Early

➤ Six 4-hour workshop sessions prepare High School Seniors for the October and November SAT

➤ Qualified Academic Advantage instructors will provide test strategies, individualized instructions, and an introduction to SAT topics

➤ Students will be given an SAT practice test along with scoring and individual analysis

➤ Many recent Academic Advantage students improved their scores by more than 200 points.

➤ Empower students to be more comfortable with the SAT to help relieve stress and pressures of the SAT

Tuition for this workshop is \$450. A non-refundable deposit of \$200 is required to secure a place. The balance of the \$250 must be paid by August 1, 2017.

DATES

Sundays

Noon-4:00 pm

August 27,
Sept. 10, 17, 24,
Oct. 1, 15

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student life

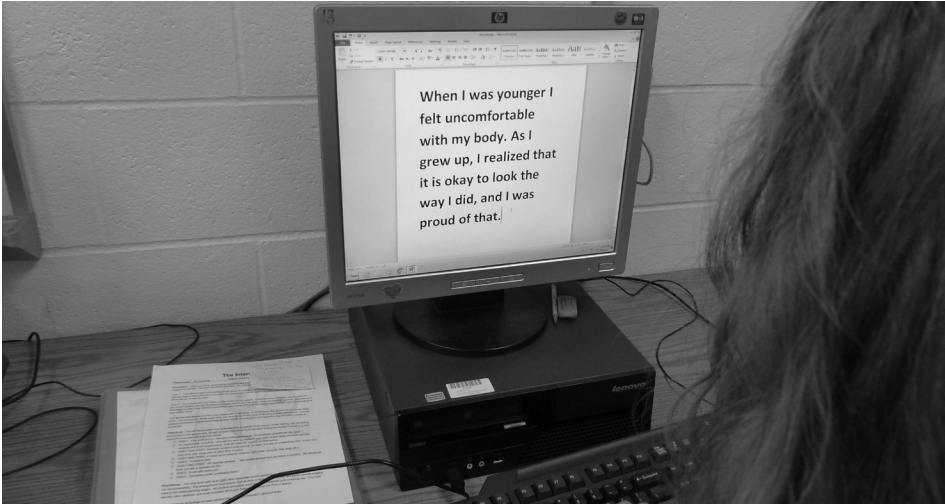
‘Post It Forward’ encourages mental health on internet

By Keri Carnahan
Lion's Roar Staff May is Mental Health Awareness Month, a time to recognize the struggles millions of people face around the world and celebrate the victories of those who struggle with mental illness. What can you do to participate in Mental Health Awareness Month?

One of the best ways to get involved is through a campaign started on Tumblr called Post It Forward. According to Post It For-

is great, especially for those who don't struggle with mental illness. Share any tips you have about how to take care of someone with a mental illness. Express how important it is to stand up to and for others, and not be a bystander. Share resources of where and who people with a mental illness can go to seek help. The goal this week is to help those who are struggling to deal with their illness.

Week three, "Post It For Reflection," is



POST IT FORWARD, in recognition of Mental Health Awareness Month, encourages users to discuss personal growth, goals and struggles on its Tumblr page. PHOTO BY AVERY POTEMRI

ward's website, the goal of this campaign is to "counter the stigmas around mental and emotional health through community-building and conversation. By creating a channel for people to share their personal stories and positive messages, we hope to turn the community into a support tool for those that may not have one in their daily lives." While this direct community is exclusive to Tumblr users, people can still participate through other forms of social media.

Each week of May, different prompts are given for ways to post it forward. Week one, "Post It For You", is all about self care. How do you practice self-care? This doesn't necessarily have to be a paragraph explaining your daily routine. Post a picture or gif that calms you down or makes you smile. Post a selfie with the "valid" sticker provided by Tumblr. Make a list of traits you like about yourself. Share a song that always boosts your mood. The goal this week is to give other people ideas of things they can do to take care of themselves and make others smile.

Week two, "Post It For Each Other", is about helping others. How can people be there for each other in a time of need? This prompt

about reflecting on your own personal growth. How have you grown over the past few years? Share your story of how you've grown or overcome a mental struggle, share other people's stories, comment on other people's stories and let them know they're not alone. This prompt is a great way for everyone in the community to connect with each other. The goal this week is to recognize your own strengths, and allow others to feel valid and not alone.

Lastly, week four, "Post It For The Future," is about bettering yourself for the future. How can you continue to improve yourself? Create a list of things you are afraid to do, and do one of them each day. Share methods of self care that you want to try.

If you are trying to lose or gain weight, post a "Before" picture and announce a workout routine you'll be doing and a date you'll post an "After" picture. The goal this week is to recognize ways you can improve yourself.

Mental health is just as important as physical health, and must be recognized and validated. Post It Forward is an excellent way to raise awareness of mental health and help each other feel less alone.

Please turn to POST IT, page 11

Boo Radley, paranormal tests, tornadoes

Student reflects on time at LHS, says good-bye

By Max Tompkins
Lion's Roar Staff So, this is it, my final issue of the Lion's Roar. I thought I would be a lot more sad about writing a cliché goodbye letter to a few people that don't really know me, but I was asked to write this a period before two very difficult tests and a day or so before the paper is supposed to come out.

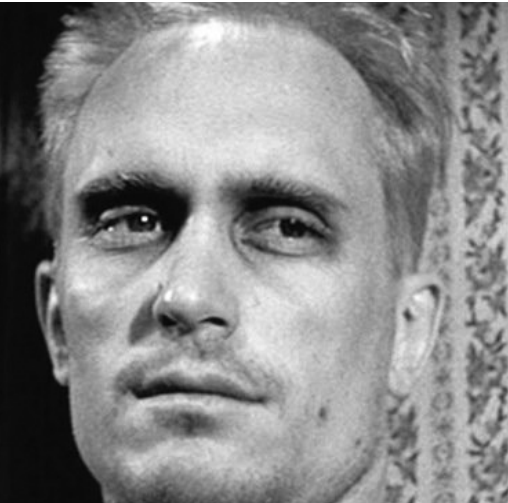
Anywho, I was tasked with writing my reflections on high school. It'll be a wild ride:

Freshmen year- I don't really remember. Except for *To Kill a Mockingbird*. BOO RADLEY.

Sophomore year- For me, sophomore year felt like two years combined into one, in terms of length, that is. I don't really know why, either. Sophomore year is probably the year where any student can try the least at assignments and get minimal punishments from it. Like Freshmen year, it's starting to slip away in my memory, except for all the classes with Mrs. Cardarelli. I'm pretty sure she is the reason why I passed portfolio.

Junior year- This was awful. The tests, drivers tests, exhibition tests, doctor's tests, psychological tests, paranormal tests, plant tests, math tests, English tests, and so on.

Junior year is the equivalent of procrastinat-



BOO RADLEY remains a vivid memory from Max's freshman year. PHOTO: Universal Studios 1962

ing years on your education and waking up to realize, "Oh." Junior year really puts everything into full gear, maximum power fueled by nightmares. I'm so glad Junior year is over, because I could never do it twice.

Senior year- Y'know Tornadoes, right? How they tear away at your house, eating away at your possessions and cows? Senior year is the

Introverts are not always hermits, misfits, or cranks

By Rachelle Bousquet
Lion's Roar Staff An-tisocial. Hermit.

Misanthrope. These labels are often pressed upon individuals who walk on the quieter side of life. Individuals who would choose to stay home and curl up with a captivating book rather than go wild at some party. Individuals who prefer to sit back and soak up a conversation rather than spew out their own opinions at the drop of a dime.

It would most likely be incredibly hurtful and horribly inaccurate to refer to these individuals as antisocial misanthropes. Referring to them as introverts, however, would be much more appropriate.

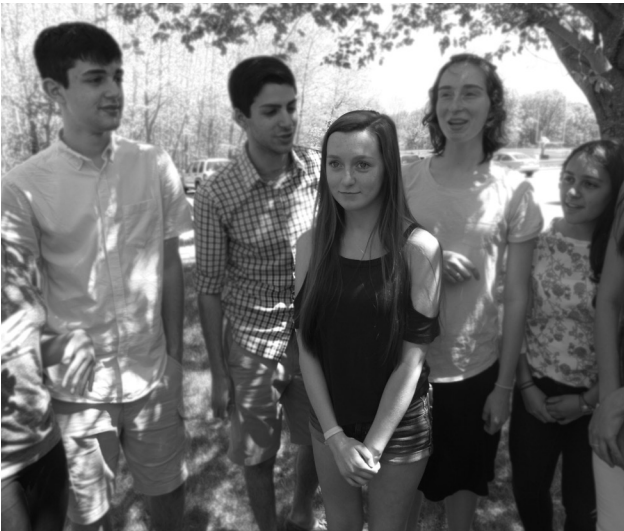
What does the word 'introvert' mean, exactly? According to Susan Cain, best-selling author and co-founder of Quiet Revolution, an introvert is simply a person who "...may have strong social skills and enjoy parties and business meetings, but after a while wish they were home in their pajamas."

Contrary to the negative stigma surrounding the term, introversion is merely an aspect of someone's personality that leads them to appreciate alone time and feel drained after spending long periods of time surrounded by an inordinate amount of social stimulation. Extroversion, on the other hand, is just the opposite. Extroverts are the individuals who feel more energized when there is an excess of social stimulation around them and prefer minimal alone time.

Today, we live in a world that idealizes extroversion. Scientific research has shown that society views those who are more sociable and outgoing as more successful and intelligent. The problem with this is that there is no evidence to support this assertion. In fact, there is an overwhelming amount of evidence that suggests that introverts are more than likely to possess equal and even higher levels of intelligence than extroverts.

While the notion that society favors extroversion may seem a little far fetched, the glorification of this trait is real and affects introverts everywhere.

Corinne Stimson is a junior at Lincoln High School and a self-proclaimed introvert. "Lots of people are expected to love going to parties and social events" confides Stimson. "It kind of bothers me to be expected to be able to effectively interact with other human beings that



Introverts are capable of hanging out with friends, but simply prefer not to socialize sometimes. PHOTO BY AVERY POTEMRI

I may not know or like for extended periods of time."

Stimson is definitely onto something with this point. When thinking of the stereotypical teenager, the image that comes to one's mind is most likely someone who "literally can't" stop texting their friends and is always searching for an opportunity to socialize. While this may prove true for some teens, the fact of the matter is that not everyone is like this. Some teenagers may love hanging out and chatting with their friends but simply have a desire for some time to themselves as well.

And this is perfectly okay.

As Susan Cain highlights in her book, schools in particular place a heavy emphasis on fostering introversion. School has increasingly become dominated with group work and other activities that require students to speak up and work outside of their own minds. Mr. Schofield, an English teacher at Lincoln High School who introduced me to Susan Cain's work, also notices the value that schools seem to place on extroversion.

"One of Cain's observations that resonated with me was that schools prize extroverted students, because they are not shy about answering questions during discussion and that gets associated with success or knowledge" said Mr. Jay Schofield.

Because society holds extroversion on such a high pedestal, some parents may worry about whether their introverted child will be able to make it on their own in this cruel and busy world that they live in. Although society may not acknowledge them, the truth is that introverts possess some amazing qualities that will not only allow them to survive in the real world, but will allow them to thrive as well.

Take Mr. James Morgan, for example. Mr. Morgan is an English teacher at Lincoln High School and is quite often viewed as an introvert by those who know him. This characterization is not disputed by Mr. Morgan: "I like social situations, but in smaller doses; and I'm probably comfortable with solitude to a higher degree than many people."

While Mr. Morgan does acknowledge the certain disadvantages that do come with having a more introverted personality type, such as, "...intermittent loneliness, less social interaction (and thus less practice to refine and improve social skills), and a smaller support network of friends to draw from", he also recognizes the many advantages that accompany introversion.

"Introversion encourages self-reflection and contemplation, and a more philosophical and poetic sense of life," asserts Mr. Morgan. "It also allows for more flexibility: when you're doing things alone you don't have to coordinate plans with others, and can just do what you want."

Mr. Morgan is also a felicitous example of how introversion is not automatically a hindrance to living a full and exciting life. One of Mr. Morgan's favorite hobbies is traveling, whether it is travelling with others of in a more independent and introverted fashion.

"I love to travel period," confides Mr. James Morgan. "Travelling alone is awesome

Please turn to INTROVERTS, page 11

The key to success is just to do what you need to do and manage your time afterwards, it

Please turn to TOMPKINS, page 11

a day in th

“

Good luck in the real world, homies.

Ashley Votta, NC State

I couldn't have done it without y'all.

Delaney Cavanaugh, Ole Miss

I'll see you when I see you.

Nick Juckett, URI

Thanks for always having my back.

Ariana Beliveau, CCRI

THANKS FOR THE 2013-



Four years later, it is finally our time to say goodbye to one another. We will be walking out of the door for the final time. How did we get to this point? It feels like just yesterday we were walking in our first day of freshmen year. I vividly remember sitting in the auditorium as we all anxiously awaited our first day of high school.

And here we are approaching our very last day of senior year. We will sit in those same auditorium seats again, but this time instead of anxiously awaiting the next four years, we will be looking back reminiscing on these past four years.

When we entered high school four years ago, I don't think any of us expected to grow as close as we have within this past year. We have all heard the seniors above us tell us "enjoy the time you have because it goes by faster than you think," but that never hit us until we actually became seniors.

This year our class became closer than we ever have been. From the very first day of school this year, you could notice the changes in the atmosphere of the senior class. Friends started to put aside their grudges, and started taking as many group pictures together as they could. Friends groups started to mesh into one big class.

People who in the previous years did not speak to one another were now becoming close friends. As the year went on, more and more members of the class of 2017 were getting to know each other; and now in late May it has finally hit that we are all one big class.

Together we have experienced some of the best moments of our lives so far. Skit night will be one that we will always remember. For the first time in our first four years we spent time together and we were all happy to be together.

I will never forget what it felt like dancing with the entire class to All Star, as administration and

the underclassmen watched. The sheer excitement of being together is something I will always cherish. I will never forget the enormous hugs my friends gave me as I was crying before the night even began (we all knew I was bound to cry at some point). It is important that as we move on in our lives we never forget those memories.

Let me take you back to Junior year battle. Orange pass. The event that the seniors (at the time) thought they had in the bag (key word being thought). Moments before battle started we took a tennis ball in the hallway and our orange pass team, practiced for the first time, and by the looks of it our chance of winning the event didn't look too good. But then the moment of truth, against all odds WE WON!

Now, as we fast forward to Senior year battle the first event was orange pass. We knew that winning this event would bring the energy our whole class needed to be excited. And that's exactly

what happened. Once again our class WON orange pass. From that moment on it was pure excitement and happiness that filled the bleachers.

Battle this year showed how people were changing and started to come together. Friendships were on the verge of breaking, held together by Spirit Week.

The only thing that mattered was being together and winning the event we could. I will forever be thankful of the memories made during Spirit Week this year, the friendships I made and shared during this bitter-sweet week.

We have officially come to the end of the year of our "lasts". We had our last homecoming, our last Spirit Week, our last sports seasons, and our last tests. We finally have had our very own senior nights, with tear filled games we played our last games.

There is no longer next year to think about; so I encourage you class of 2017 to enjoy the moments we have left together.

The life of Lhs

See ya on the flippity-flop. I'd like to thank the Academy. Don't forget the memories. Let's blow this popsicle stand. ”

Carly Swanson, Ithaca College Jennamarie O'Neill, RIC Angie Gagme, Assumption College Sam Andrews, URI

MEMORIES, LHS 2017

by Delaney Cavanaugh



PHOTO: LHS 2017 YEARBOOK, *CONSPECTUS*

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and make them our best yet. As the year comes to a close, don't be afraid to let go, but remember everything that has happened these past four years. Never forget who was there for you when you felt like there was nothing left, because to me those are the most important people in my life and when I think of high school I will think of them.

High school wouldn't be the same without the people who you sit with everyday in class, the people you sit with at lunch, and the people who you call your friends each and every day.

I wouldn't be the person I am without my friends. I can't even begin to imagine having to say goodbye to them this summer. It blows my mind that it has already reached the point in our final school year where I have to say goodbye to my people.

So, class of 2017 as I tear up writing this, I thank you from the bottom of my heart for making these past four years the best I could've imagined.



Senior Exec Board and friends share a moment before Spirit Week's big pep rally in November.
PHOTO: REGINA FERREIRA

Faculty Fast-Talk

Pen or Pencil? *Pen*
Favorite day of the year? *First day of school.*
What was your first job? *Grounds crew at McCoy Stadium*
Favorite vacation spot? *Las Vegas, Nevada*
Favorite candy? *I don't eat candy.*
First pet? *Dog*
Most embarrassing moment? *I don't get embarrassed.*
Most memorable event as a police officer? *Leading the LHS class of 2017 into the CCRI gym for graduation.*
Who is your favorite child? *My black lab, Nash*
Who is your favorite artist? *Bruce Springsteen*
Do believe in aliens? *No such thing.*
Biggest pet peeve? *Ignorance*
If you could time travel, would you rather travel to the past or future? *Past; 1950's sounds good.*
If you could wish for anything, what would it be? *The health and safety of my family.*
Urban or rural area? *Suburban.*
What trend do you wish to be brought back? *Disco*
If you could say something to the entire world at once, what would you say? *I love President Trump!*
Something that should be taught in school, but isn't? *Personal Finance*
Best high school memory? *Winning three state football championships.*

Officer Michael Cavanaugh



Officer Cavanaugh with his youngest daughter, Delaney '17.

Something you can't leave your house without? *A smile*
Guilty pleasure? *Ritz crackers with peanut butter.*
Favorite color? *Purple*
Favorite music genre? *Rock & Roll.*
Coffee or tea? *Coffee*
Facebook or Twitter? *My Space*
Early bird or night owl?

I get up before the roosters.
If you could have dinner with one famous person (dead or alive), who would it be? *My parents who died many years ago.*
If you had a warning label, what would it say? *Danger*
Glass half full or half empty? *Overflowing.*
If you had a superpower, what would it be? *Float like a butterfly and sting like a bee.*
What is your birthday? *My fiftieth year starts in mid July.*
Chalkboard or Whiteboard? *Whiteboard*
Chocolate or vanilla? *Pistachio.*
Favorite sports team? *The Lincoln Lions*
Favorite holiday? *Thanksgiving*
Where would do you want to live when you retire? *Coastal South Carolina*
Favorite season? *Summertime*
Breakfast or dinner? *Both*
Math or English? *English.*
If you had 24 hours left to live, what would you do? *Sit with my family and share all the wisdom that I acquired in my life and watching the Pats win their 13th Superbowl together.*

The Long and Short of It

By Ailsa Ferland and Samantha Leal

Question: Why won't she go out with me?

The Long of It:

Ailsa: Well, my first question is do you talk to her? Communication is the key to success in any type of relationship. You should not expect her to want to date you if you do not talk much when you are around her, or if she hardly knows you. Work on building a good friendship with this girl before pursuing a romantic relationship with her. If, perhaps she already is a good friend, maybe she is being honest with you about wanting to stay friends. You should not harass any girl about changing her feelings, no matter what the movies tell you. You also should not change yourself to appeal to her tastes like many movies support. Lastly, I strongly believe that everything happens the way it is supposed to. She may not date you because she is waiting for the right time. She may also never date you because there is a better partner out there that you have not met yet!



Sometimes, it's just because.

Sam: Ailsa hit this one right on the head. Communication, friendship and fate all play important roles in forming new relationships. Most girls are looking for someone they believe they will have a relationship with that will last. If she hasn't agreed to go out with you it might be because you haven't proven to her that you want to stick around for the long haul. The best way to do this is to talk to her more and let her get to know you

better. In this process you will build a friendship with her and facilitate any attraction she might have towards you. But it is possible you two are not the right people for each other and she may continue to reject you and want to keep your friendship the way it is. If this is the case, respect her decision because the right person will come along when you least expect it. This won't be the end of the world, there are a lot of people out there you just haven't met yet and the best is yet to come.

What the experts say: According to jamesmsama.com, there are a plethora of reasons she won't go out with you. For starters, you may be acting too nice. Yes, there is such a thing, and you should avoid going over the top with romantic gestures and chivalry. This goes hand in hand with trying too hard. You cannot fake who you are, and she may want an easy going partner, not one who carefully calculates every step. It is also suggested that "you may not look the part", maybe you need to

clean up your act to attract her attention. Finally, you should also consider whether or not she was recently in a relationship. She may just be looking for some space or alone time to move on from a break-up, so be sensitive to this, and sensitive to her. The worst thing you can do is not listen to what she wants.

The Short of It:

She's just not that into you.

Remember the Beatles on Sgt. Pepper's 50th

BY DANIEL HASEGAWA A Baby-Boomer
LION'S ROAR STAFF teen sits back to hear what could come from their newly acquired album from the already famous Beatles. They hear a crowd of people, talking as if before a concert. Accordions play passively. Then, a bass guitar beats back the silence, drums materialize, a raw guitar emerges, soon followed by a belting voice. Going through the album, the listener continues to be confronted and astounded by sounds of Rock and Roll entirely new to popular music. It hints what's to come in the "Summer of Love." The day is June 1st, 1967, the release date of the Beatles' eighth studio album, Sergeant Pepper's Lonely Hearts Club Band.

Now, 50 years later, various critics and music-appreciators alike continue to recognize the diverse and outlandish sound scape produced by the radical album. Rolling Stone magazine considers it the most influential album of all time, and Time magazine considers it a "historic departure in the progress of music." Lincoln High School provided its own version of the title song in the 50th annual Variety Show. The concert band is preparing a



Sgt Pepper was the first album ever to be released simultaneously around the world. PHOTO: CAPITOL RECORDS

medley of the group's hits. In early 1967, no one could have foreseen the arrival of such an album.

As a musician, rock enthusiast, and diehard Beatles fan, it reassures me that the

young, as well as the old, continue to appreciate the Beatles, and understand their musical influence, passion, and simple joy.

Of course, people are entitled to an opinion about the group (i.e. Mrs. Vivari), but nonetheless I urge the dissenters to reconsider. Of course, many might not like them based upon playing devil's advocate. There's nothing I can do about that. Others usually take on the "overrated" mindset. So "She Loves You" is kind of catchy, so what? To these individuals, and others who may be in the dark, I urge you to keep an open mind.

Anyone who has been to Johnny Rockets or watched "Grease" is aware of the music of the 1950s and early 60s. The pop-rock hits such as "Johnny B. Goode" and "Hound Dog" dominated the radio and filled dance halls. While appreciable in their own right, popular music needed to be jump-started. Thus came the fateful year of 1964, when the Beatles, four young men from Liverpool, England, arrived for their performance on the Ed Sullivan Show on February 9. America was exposed to the likes of John, Paul, George, and

Ringo—charismatic and laid back individuals who knew how to woo and entertain audiences. Their act a hit, Beatlemania would ensue, causing thousands of screaming fans to bombard their live performances worldwide.

Any other group, after the touring and fame had tired them out, might have sat back and enjoyed their success. The Beatles, however, are not like any other group.

The final half of their time together, from 1966-1970, would see the creation of unprecedented studio albums, each exploring new musical genres and possibilities, simultaneously challenging, and occasionally confusing fans who remembered the more conservative vibes of the Fab Four. The Beatles brought entirely new sounds unimaginable just a few years before to popular music, such as sitars on "Norwegian Wood," feedback on "I Feel Fine," backwards tracks on "Tomorrow Never Knows," and strings on "Eleanor Rigby."

The Beatles certainly were not afraid to make cultural and controversial impacts as well. They pioneered concept albums, album covers, and music videos. They challenged conventional ideals and authority through their "Sergeant Pepper" uniforms (satirical of militarism), writing "Back in the U.S.S.R." (to the disapproval of many American anti communists), and even discussing the relationship between religion, rock, and youth with John Lennon's notorious "the Beatles are bigger than Jesus" interview.

The four of them would develop themselves into musicians and solo acts in their own right. John Lennon, the leading Beatle, went on to successful solo career before his tragic assassination in 1980. Paul McCartney, the prolific Beatle, went on to a solo career and later a new band with the Wings, and continues to tour solo to this day. George Harrison, the spiritual Beatle, would have his own successful solo career before his death of lung cancer in 2001. Ringo Starr, the genial Beatle, would go on to a solo career and continues to tour with his "All-Starr Band."

Please turn to BEATLES, page 11

STEVEN M. MUSCATELLI

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sports

New facility proves very beneficial to varsity track team

By Victoria Lane
Lion’s Roar Staff Tracks are not suppose to be made of cement and for years, the Lincoln High School track was. However, during the 2016-2017 school year, LHS finally opened their new polyurethane track. This came as a relief to track athletes who had suffered years of shin splints and pain from practicing and competing on the old track.

“After seeing the brand new track for the first time at the beginning of this year, I couldn’t wait for track season to begin and now I’m even more excited because track season is here,” says Margaux Besette, a senior on the team. In addition to the pain relief, the track team is now able to host meets again, and athletes are able to wear their racing spikes during meets. Along with the track, a new high jump mat, pole vault mat, and two improved long jump pits were also added. The track team now has updated equipment to help them train successfully for competition. Rebecca Brierly, also a senior on the team says, “Practice has been going great and has been more productive with all the new equipment.”

Overall, more team members have been able to run at practice. Last year six members of the track team were out. “Some of our best members couldn’t run anymore because of the shin splints they were getting from the old track,” Margaux said.

Additionally, the members who do events such as high jump, pole vault, or long jump, are now able to practice their events at home so they are more prepared for meets. Before, LHS didn’t have this equipment so they were not able to practice unless they went to Cumberland, which was inconvenient.

The first home meet in four years to be held at Lincoln High School took place on April 3rd, 2017. Rebecca summarizes, “[The] first track meet was a bit stressful for the coaches I would imagine since we have not had one in so long, overall really fun though and less stressful for team members because it was at home,”says Rebecca Brierly. Everyone on the team was thrilled to finally have a meet held at our own school.

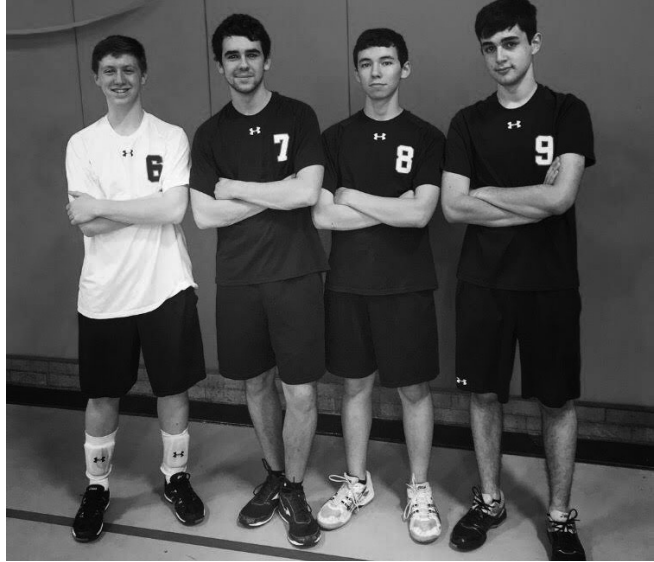
This meet was a 4-way competition between Lincoln, Ponaganset, North Providence, and Jhontson and the girls won. The team started out the season strong, by winning

Please turn to TRACK, Page 11

Analyzing the resurgence of the Boys’ Volleyball team

Captain offers insight on team’s improvement

By Aidan Enright
Lion’s Roar Staff I can remember the air in the locker room, it was dry, unwavering in its persistence. I could almost see it shimmering in the dim light, the heat manipulating my vision ever so slightly. There may have been a faint breeze coming in from some distant window, but if there was I didn’t feel it and I certainly don’t remember it. My body was covered in perspiration, the hair on my head and on my arms matted down and the front of my shirt stuck to my chest like hot glue to a flat surface. It was late May and I was burning up, the confines of the second story gym increasing the humidity and decreasing the air flow. I was surrounded by my teammates, jerseys untucked, a look of resignation on their faces and mine. Conversation was minimal, if not nonexistent, there was nothing to say. We had just added an exclamation point to a particularly excruciating season. A season, in fact,



Ryan Tougas, Captain Aidan Enright, Daniel Hasegawa and Matt Salemi drive the Lion’s Volleyball team. PHOTO BY JARED YANKEE

that amassed to a single win and several blowout shutout losses. We had lost five of our best volleyball players to graduation the previous year and when it came to the new season several of our key seniors, juniors, and sophomores decided to abandon us and leave the team to the dogs. After several new members quit in the early goings, our numbers had dwindled to a measly 10, almost too small to even run a JV squad. Only one member of the team had any experience at all on a varsity floor, we were a decent JV team at best trying to compete with

the other teams in the league. Not to mention the few returning players we had to adjust to a new coach and her vastly different style from the coach of the previous year. Just several of the reasons on a long list that contributed to the utter disaster that the 2015 Lincoln Boys’ Volleyball season was. As you can see we weren’t exactly set to succeed. That day we had walked into Mount Pleasant looking to end our year on a high note after struggling for months. The Kilties were a beatable team for us, something we could rarely boast throughout that season. We came out strong in the first two sets, winning by reasonably wide margins. All we needed was one more set, then we would have been able to pack up and go home. A nice clean victory giving us forward momentum into next year’s season. Yet life had other plans, from that point on everything collapsed and the Kilties won the next three consecutive sets to complete an extraordinary comeback victory, heartbreaking for a team that had seen so little success.

Though that rock bottom is arguably one of the motivators that has brought our team forward these last two season. A reminder, for those who still remember, of how far we’ve come and of how far we still have yet to go. In 2016 with the addition of Zack Carvalho, the senior leadership of Matt Albanese, and the vast improvement of both Dan Hasegawa and Charles (Chuck) Fish as setters, the team finally began to gain the respect of many of the other teams in the league. The season started off slow and we lost the majority of our first games but it was easy to see that we had become a vastly different team than the year before. After an overall up and down season we ended at a respectable 5-9; still mediocre, yes, but good enough to steal a set from the top team in the league, Central, and earn a spot in the playoffs for the first time in over six years. A playoff game, in fact, that we nearly won, before ultimately falling 3-1 to East Greenwich.

Please turn to VOLLEYBALL, Page 11

Lions Captain injured, looking to 2018 season

By Randall Hien Jr.
Lion’s Roar Staff The 2016-2017 school year is coming to an end, especially for the graduating class of 2017. The seniors attending LHS will attend their last day in high school on May 30 and then their final exams are June 1.



CONNOR SHEEHAN PHOTO BY AVERY POTEMRI

One senior from Lincoln High School had an interesting school year. Connor Sheehan, one of LHS’s most exceptional students will be graduating this upcoming June.

A two sport captain (basketball and baseball), Connor is known for being a true student-athlete at Lincoln High School.

“I am very excited to graduate in June because it is the culmination of all the work I have put in over the years,” he said. “However, a part of me is sad because I will miss seeing my friends everyday and playing for the town I grew up in.” Graduating high school is obviously a bittersweet moment in your life. Getting to move on with your life is a positive, but it’s never easy to leave the people you have been with for most of your life.

Aside from having phenomenal grades, Connor was a true leader on the basketball court and on the baseball field. He says, “Being a two sport captain obviously requires a lot of responsibility, but I was lucky enough to lead two groups of great guys who love what they do.” He was a starter since sophomore year on the LHS baseball and basketball teams. He truly worked incredibly hard to be a great player. In his best sport, baseball, he was awarded 1st team all-division and was named the starting center fielder in the all-star game his junior year. Even in his second sport, basketball, he was awarded second team all-division his senior year. Also, for both those teams he made the all-academic team due to his excellence in the classroom.

Baseball has been Connor’s life since he was growing up. From playing whiffle ball with his dad since he was three to playing little league from the ages of five to twelve, then stepping onto the big field and playing middle school, then playing division one high school baseball at LHS, to finally committing to play college baseball at Brandeis University.

One little hiccup in Connor’s career jeopardized his baseball season senior year, however. Towards the middle of basketball season, Connor was receiving a pass from a fellow teammate and had to jump. He landed awkwardly, being forced to leave mid-game. He was checked out and it looked as if he had a minor injury to his knee and would be out a couple of weeks. His first game back, he played nearly the whole game in an intense battle against top-seeded Tiverton. Connor continued to play the rest of the basketball season, even through the playoffs. As soon as the season was over, Connor wasn’t thinking about basketball, it was all about baseball. Connor went for a re-evaluation on his knee to make sure it was okay and then realized he had a severe and heartbreaking injury. Surgery was needed and he would be forced to sit out his final baseball season at Lincoln High School.

“Losing my entire senior baseball season definitely sucks. Baseball has taken up the majority of my life and I’m not sure what

Please turn to SHEEHAN, page 11

Lions Baseball swings into the season with sights on championships

By Riley Riendeau
Lion’s Roar Staff According to the Rhode Island Interscholastic League (RIIL), Lincoln Lions Baseball had an 11-7 record, with 109 points scored, and 96 points scored against in their 2015-2016 season.

The Lions, a young team with lots of great talent, were hoping to step up their game to prolong their season and make it to the state championships. Coach Andrew Hallam, along with baseball captains Sean Doris and Connor Sheehan, knew that they to prepare their team if they were to improve their record, work as one unit, and win it all.

Although Doris thinks that it is too early to tell, he believes that this upcoming season is going to be a good one.

“We lost four great ball players who were seniors, but this year we have gained some good young talent, along with one of our catchers who is returning from an injury, which we are excited for,” Doris said.

Although with having a relatively young team this season, the freshmen players have quite a lot of talent.

Doris continued: “Team chemistry is very important to the success of this baseball team, and already we have started to blend with the other players.”

The young talent will certainly make an impact on this year’s team. All year, most have been bonding with other sports, seeing each other in the hallways, having classes with team members, or hanging out casually outside of school, so the Lions started building their team chemistry early on, strengthening friendships and establishing communication.

Lincoln has always been known as one of the top Division 1A baseball teams, one that can compete with other schools such as Hendricken and La Salle. With the coaching staff Sean Doris says that they will be on their way to another winning season.

“Overall the goal every year is to make it to McCoy where the state championship game is held and we are going to work our hardest to make sure we get there,” Doris said.

Co-captain Connor Sheehan also maintains a positive outlook on the season. Both captains seem to think the underclassmen have the fortitude and drive to step up..

“Anyone can play a role on this team no matter what their grade is,” said Sheehan. “No matter what their role is, playing defensively,



The team in a huddle. PHOTO BY VICTORIA LANE

hitting, running, or supporting the team, there is a job for everyone. Each is just as important as the last. Everyone has a different role, but the same goal.”

Two years ago, the Lions made it to the final four with an outstanding 15-3 record, last year with an 11-7 making it to playoffs, the team is hoping for similar results.

All are ready to work their hardest to make that happen. With good leadership, the captains, along with Head Coach Hallam, may just lead this young, yet experienced team to a championship.

lions by numbers

A season beach
pass for
Rhode Island
residents is

\$30

\$919
is the average a
family spends
on prom
each year

Del’s
Lemonade
opened in
Cranston, RI
in

1948



The Medieval round or rota,
Symer is icumen in
("Summer has arrived")
was written in
mid 13th century. The manuscript
in which it is preserved was copied
between

1261-1264

Lincoln’s Memorial
Day Parade is

1.8
miles long

WBRU started their popular
free summer concert series in

1996



A small soft-serve cone
at Lincoln Creamery is

\$3.55



Over

2 million
students took
AP exams
in the US
this spring

A same day round-trip on
the Block Island Ferry is

\$23.75

\$2.4 billion
were spent on Mother’s Day
gifts in 2016

It costs

\$27
per car to see a
double feature
at the
Rustic Drive-In
in North
Smithfield

continued...

Label-less

From page 2

known as the “jocks,” the “nerds,” the “preps”, and finally the “popular” kids. This is where the danger comes into play.

Depending on your perspective, some of these groups have more negative connotations. When students begin to label their peers and assign them to a certain group, the effects can be devastating. Imagine being in middle school and knowing that others see you a certain way just because of the friends you have and the activities you participate in. If this group happens to be one of the groups with a more negative connotation, then knowing that you are seen as belonging to this group can be incredibly hurtful to the way that you view yourself. Some students may even try to change who they are and stop doing the things that they love just to try and avoid a certain label.

Another problem arises when labeling begins in school. Yes, it can certainly be a self-esteem destroyer to be grouped into an unfair category, but what if you don’t get grouped into any category at all? I remember being in middle school and stressing about this dilemma each day. What group did other people put me in? Did I even fit into a group?

For many people, just the thought of not fitting in anywhere is terrifying enough to shake them to their core. And when fear is involved, people will do almost anything to make sure that their nightmares do not become their reality. So instead of risking the dreaded label of being a loner, people change who they are. They hang out with the people that they think they should and do the things that they think they should, even if it goes against what their heart is telling them. And once they do find themselves in a group, they will often do anything to stay there.

Labels are like jail cells. Once you are assigned a label, it is next to impossible to break free of it. Instead, people become “comfortable” with their label and carry it around like some keepsake from their past. Even when people are labeled inaccurately they tend to accept it rather than jeopardize the chance of them fitting in somewhere. Rather, these people begin to portray the person that they are expected to be, consistently pushing their true selves further and further inside of them until one day they can not even recognize who they really are.

The worst part of this entire ordeal is that it is completely and utterly unnecessary. There is absolutely no need to try and cram everyone into a perfect, little box. Uncertainty is a part of life, and society needs to become more accepting of it. People trying to assign labels to others to make themselves more comfortable need to keep in mind that by doing so, they are forcing someone else to play a role they are uncomfortable playing.

Life is not a play. People should not have to play roles. People should simply be able to live their lives, spending their time doing what they love rather than worrying about how other people will see them. Once society stops trying to force everyone into these perfect, little boxes that we love so dearly, then people can start to finally become comfortable in their own skin.

To be label-less is to be limitless, and to be limitless is to be free. Let’s be free.

Sheehan

From page 9

to do without it this year. I surely have an uphill battle to fight and I’m rooting for my teammates to do well.” One of the hardest parts of getting hurt is actually accepting it. Connor understands that the recovery of the surgery is going to be extremely difficult to do but nothing is impossible. Due to his commitment to Brandeis University to play baseball, if Connor wants to play he has to be ready for the season.

“It’s not how many times you get knocked down that count, it’s how many times you get back up.” said George A. Custer, U.S. Military Lieutenant Colonel. Roughly, Connor is expected to need about six to nine months before he can play a sport again. Until then, almost everything he does is being done to help him recover. Physical therapy multiple times a week, doing exercises on his own all

the time, trying his hardest to walk without crutches and without help from others. Have you had almost everything in your life going great, then out of nowhere a freak accident happens to you? Have you felt all that pain?

The easiest thing that Connor could do is just give up. It’s that simple. He could take his time with recovering and try to escape from the pain.

If you know or have talked to Connor Sheehan before, it’s clear that he will not quit. “In order to be ready for next season, I am constantly doing physical therapy and stretching. I believe that everything happens for a reason, and my injury will only make me work harder to become a better baseball player. I want to prove everyone that this injury didn’t end my career and that it has just begun.” Will Connor’s love and desire to play college baseball influence him to work even harder? What will his future in baseball hold for him?

Bouncing back. Connor is ready to face his future head on, pushing through the pain which is making him stronger than before. He is ready to bounce back and work toward focusing on his skills and growing as an athlete, and most of all, becoming a better baseball player than ever before.

Volleyball

From page 9

With a majority of the varsity floor remaining, 2017 has been looking like arguably one of the best seasons the Lincoln Boys’ Volleyball team has ever had in its short history as a program offered by the school. The major contributors to this new found success and optimism come from Carvalho being shifted to an outside hitter, the additions of senior Matt Salemi, freshman Jared Yankee, and freshman Chris lezon collectively serving to fill the role of the middle hitter position, Ryan Tougas graduating to the varsity floor as a libero, and several other freshmen joining, giving hope for a continuation of the team and its strength in the next several years as well as the makings for a great team this year as well. In its first seven games of the season the team has gone 4-3, three of which games were won three sets to none and one of which was won in a five set thriller with equally matched Toll Gate. In just a few short weeks the team has almost reached the same amount of wins as the entirety of last season and looks to prove itself as one of the top competitors of the league by the time playoffs role around once again.

After being abandoned only a few years ago the boys’ volleyball team appears to be a team that will continue to shock the league this year and for years to come. The resurgence of the program under head coach Jane Fish is unmistakable and it is only natural to think that if the team can continue to recruit large numbers of freshmen every year that the team could rise to a perennial powerhouse within Division two.

Introverts

From page 5

because there’s no compromise; I can just go wherever I want and do whatever I want to do.”

Mr. Morgan also confesses that, “Ironically, an introvert has to find his or her inner extrovert to have meaningful social interactions when travelling alone, because you have to make the initiative to reach out and talk to new people.”

Society has an admiration for extroversion and those who exhibit it. Extroverts are viewed as superior people, more capable of achieving greatness. However, this is most definitely not the case. Introverts have so much to offer the world, and are able to do so in their own unique and amazing ways. And as shown by Mr. Morgan, having an introverted personality does not limit the extent to which you can appreciate life nor the experiences you can enjoy. Introversion is not something to be ashamed of. Rather, it should be a point of pride.

Humans, whether extroverted or introverted by nature, are capable of incredible things. Without either type of person, the world would be a truly less fascinating place. Whether a person prefers a lot of social stimulation or a lack of it does not determine their worth. It is how they use their unique abilities that really

defines who they are.

Tompkins

From page 5

saves a lot of headaches when you’re simultaneously writing this article while studying for a math and English test. Make sure you get into college and make money, but overall just have fun with your life. It’s too short to be stuck in a stuffy cubicle all day listening to Nancy’s latest adventures outside of work with Pedro, whilst gossiping about how Brandine won’t give her the proper amount of paper clips for the latest busy-work report because she knows how she had an affair with her husband.

If that’s the life you want to live, hey man, go get’em, but one day you’ll die (unless you’re me), and realize that there was so much more to life than just Mr. Griffin’s PHL quizzes. Of course I’m lying, there’s nothing more important than his PHL quizzes.

Okay bye, Max Tompkins.

Editor

From page 1

Picozzi, thank you for big projects and big ideas. Thank you for laughing it off when our drone got stuck in a tree (and remained through a thunderstorm). Thank you for pushing me to reach my potential and for believing in me even when things don’t go as planned, and for calming me down when I’m beyond stressed.

To those of you who hold the Academy in your hands next year: Keep doing big things. Make the most of it while you still can, and take every opportunity you can, because you’d be surprised how far it can get you. Be investigative, be curious, and never stop asking questions. Be innovative and creative, and don’t be afraid to try something new. Step outside your comfort zone; interview someone you don’t know, pursue stories that don’t have answers, and if there’s something that interests you, follow up!

To Lincoln High School: Be bold. Be

daring. Be different. Don’t be afraid to speak up, to speak your mind. You’ll go far and I am so sad to say goodbye. Thank you all for making me who I am today.

Post It

From page 5

There are countless number of ways to get involved. If you are looking for inspiration, visit postitforward.tumblr.com for ideas and to learn more about the community.

Whether you post on Tumblr, Twitter, Instagram, or Facebook, tag your posts with #PostItFoward and spread the word!

Track

From page 9

all three competitions, and the team members were thrilled with the results they were seeing in their performances.

Senior Julia Germain sums it up: “After the past three seasons of practices and meets shuffling from CHS, the weight room, the school parking lot, and virtually every other school in the division, the long awaited new track and field is a treasure. I feel as though I can speak for the entire track team when I tell you the immense pride we feel being able to have and utilize our own track.

This feeling of pride continued after the results of our first home meet were released and the Lincoln Girls’ Track team prevailed, which made the wait for the track worth it,” she said.

Beatles

From page 8

The crowning jewel of this revolutionary era of the Beatles was none other than their album “Sergeant Pepper’s Lonely Hearts Club Band.” In this day and age when music continues to change and evolve, I hope that all of us keep in mind the legacy of the four young Liverpoolians who accomplished so much, and in whose shadow we stand. To those new to the Beatles who may be interested, I say “we hope you will enjoy the show!”



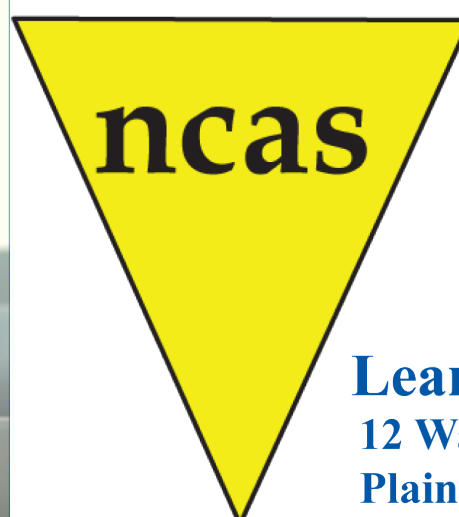
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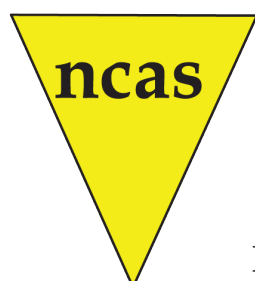
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