

## A Crash Course in Betsy DeVos Everything you need to know about the Secretary of Education

BY CARLY SWANSON  
LION'S ROAR STAFF

On Tuesday February 7, the final Senate vote on the nomination for education secretary was held. Democrats rallied all night against her nomination, stating that she was unqualified. Senate offices reported receiving more calls opposing Ms. DeVos than any other Trump nominee. Republicans were in favor of her holding the position. Due to this drastic split, the vote would be tied. For the first time in Cabinet nominee history, the Vice President had to cast the tie breaking vote. Betsy DeVos a billionaire from Michigan, with very minimal experience with public education. She known as a charter school advocate and philanthropist and she is chairwoman of the American Federation for Children, a group that pushes for the use of school vouchers and tax programs. In the primaries President Trump described Devos as a "brilliant and passionate education advocate."

Devos' views on different issues could have a large impact on children currently going through the education system. First, she has many ideas towards changing the Common Core. In the past, DeVos has been linked to Common Core

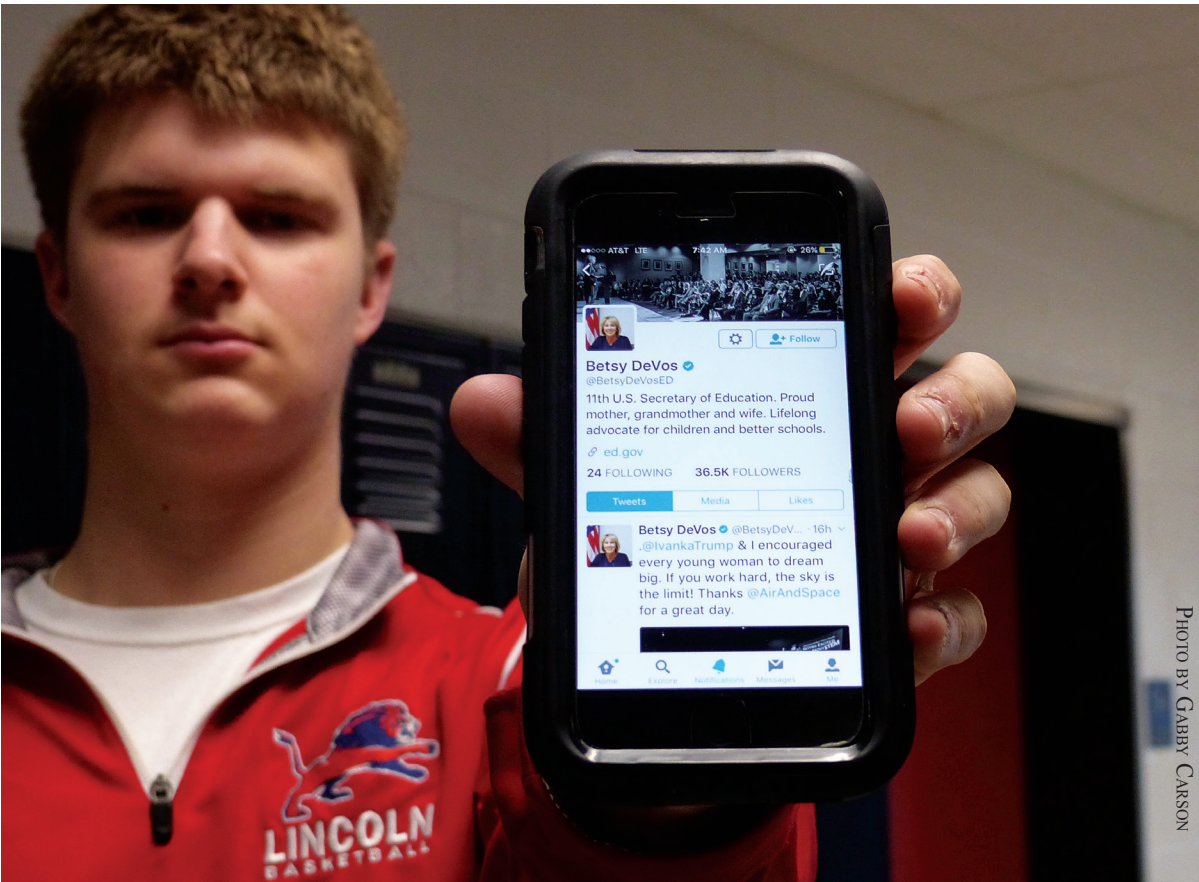


PHOTO BY GABBY CARSON

learning standards that are ridiculed by conservatives. However, she has denied being a supporter. "I do support high standards, strong accountability, and local control," her website states. "When Governors such as John Engler, Mike Huckabee, and Mike Pence were driving the conversation on voluntary high standards driven by local voices, it all made sense. However, along the way, it got turned into a federalized boondoggle." Rather, she has been a part of

groups that supported Common Core, such as the Foundation for Excellence in Education, founded by former Florida governor Jeb Bush. Trump has criticized Common Core and pledged he would repeal the standards, although state initiatives would not be under his purview.

She also firmly stands with charter schools. Charter schools are schools that are privately

*Please turn to DEVOS, page 11*

## LHS fosters student-teacher relationships that last a lifetime



PHOTO BY GABBY CARSON

*Please turn to A DAY IN THE LIFE OF LHS, pages 6-7*

## You received your financial award letters... Now what?

BY SARAH GRASSEL You've spent months researching colleges, completing applications and writing essays. Finally, the acceptance letters are starting to roll in, and you are faced with an important decision of where you want to spend the next four years of your life. But, choosing where you want to go to college is not all about which school has the best dining hall or dorms, and instead for most students comes down to which school offers them the best financial aid package.

Often, the way that colleges present these financial aid packages can be difficult to understand. The most important step in evaluating your financial aid package is to determine what type of financial aid you are receiving. According to The Huffington Post, scholarships are awarded to you after you are accepted to a college. They do not need to be paid back, but some may require you to maintain a certain GPA or complete other requirements to keep the scholarship.

A grant also does not need to be paid back. Grants can be need-based, which is determined by the FAFSA form, or is merit-based, which is determined by how well you did in high school. Loans are another type of financial aid, but they must be repaid eventually. A subsidized loan has a low interest rate that can start being paid after you graduate, whereas an unsubsidized loan has a higher interest rate. Similar to grants, you can be eligible for loans if you filled out the FAFSA form. A federal work-study may also be included in your financial aid package. This is when you have a part-time job working for your college to

help you pay for tuition.

When evaluating your financial aid, check to see if the award letter includes direct and indirect cost. According to the Oregon Student Assistance Commission, direct cost includes the cost of attendance, which is tuition, fees, room and board. Some colleges will only account for the direct cost of education, but it is important to take into account the indirect costs as well. Examples of these costs include books, study abroad expenses, transportation, or any other personal expenses.

Comparing financial aid packages between colleges can be especially misleading. The Princeton Review writes that when looking at colleges you need to take into account how much of your need is being met, and what your estimated family contribution is. How much your family can contribute to your education is how much money you have saved, and does not change. What can vary is how much of your need is being met by each college you are accepted to.

Depending on how much financial aid you are given, a school that is more expensive may end up being more affordable if your estimated family contribution is less compared to a school with a cheaper price tag. Or, a school that is more expensive may give out a bigger financial aid package, but a less expensive school that offers you a smaller financial aid package could make more sense financially if they have met your entire need. When looking at financial aid packages, it is important to see what type of aid you are receiving and how much money your family will have to contribute.

Fall	Spring	Total
\$6,150	\$6,150	\$12,300
\$8,000	\$8,000	\$16,000
\$1,000	\$1,000	\$2,000
\$1,250	\$1,250	\$2,500
\$1,000	\$1,000	\$2,000
\$17,900	\$17,900	\$35,800

PHOTO BY KATHRYN PACKARD

## What's inside...

OPINION - Don't censor the possibilities.  
Page 2

NEWS - Who pays for budget cuts?  
Page 3

STUDENT LIFE- Where to go if you're not choosing college.  
Page 5

A DAY IN THE LIFE - The teacher who made a difference for you.  
Pages 6-7

SPORTS - Athletic award winners inspired to persevere years later.  
Page 9

NUMBERS - .What do you get when you combine April Fool's Day with the Number's Page?  
Page 10







news

NASA finds habitable planets

By SYED ALI HUSAIN    Towards the end of February, the National Aeronautics and Space Administration discovered seven habitable planets all confined to a single star outside Earth’s solar system. This is a celebratory discovery because it demonstrates that there are planets beyond Earth that can hold one of the keys to life, water; and it is possible these same planets could have life on them. This is the largest discovery of this many habitable planets in a single solar system ever. However, there is one problem. All seven of these planets are 40 light years away from our Earth, equal to 235 trillion miles.

Considering that humanity has not set foot on any planet within this solar system, and we have not developed lightspeed travel, these planets will not be visited anytime soon. Yet, even without traveling, scientists can attempt to study these planets as they do the ones in this solar system, to grasp a better understanding of space, and if there truly is extraterrestrial life beyond Earth.

Returning to the point of lightspeed, light-speed is the speed at which light travels in a vacuum; the constancy and universality of the speed of light is recognized by defining it to be exactly 299,792,458 meters per second. In theory, one has to map out coordinates and routes through space, so that when one travels through lightspeed they do not hit any celestial objects along the way such as asteroids or stars or planets. Lightspeed travel can essential be considered pre-mapped highway routes that one travels along. They are often mentioned in the sci-fi universe with franchises such as Star Trek and Star Wars being among the most famous.

These seven planets were found around the star known as TRAPPIST-1. Rather than having a gaseous atmosphere and structure, for the most part, these planets are rocky like Earth, and are similar in size as well. The researchers used a telescope called TRAPPIST (TRAnsiting Planets and PlanetesImals Small Telescope) to observe and discover these planets. Once again, although humanity cannot yet travel to a solar system this far, this discovery will allow scientists to better understand parts of the universe unknown, search for life and Earth-like planets more accurately, and fuel research into navigating the stars unlike ever before.

By BRIAN VIERA    With  
LION’S ROAR STAFF    Trump’s new

budget proposal, over 62 agencies and programs would be eliminated. Many agencies will suffer 20-31 percent cuts across save for homeland security, veteran affairs, and defense, all of which will be seeing an increase of several billion dollars. The E.P.A. is the hardest hit at 31 percent loss: The budget calls for the elimination of about 3,200 staff positions; over 20 percent of the department would be fired. It would also eliminate all funding for enactment of the Clean Power Plan, as well as program designed to cut back greenhouse gas emissions from power plants. On top of this, it would also discontinue funding for climate change research and international climate change programs. It should be noted that the budget would allow for a small increase in funding on drinking and wastewater infrastructure, along with a \$4 million increase in State Revolving Funds, which are both meant to keep water clean for communities and prevent contaminated drinking-water crises. The E.P.A would suffer a loss of \$2.6 billion dollars from this budget. State and other development programs are second hardest hit at 29 percent reduction: Diplomacy and development would also suffer, the prime target of this cut being the United Nations. Climate-change initiatives at the United Nations would lose all their U.S. funding, along with a cutback in a regular contribution to the U.N.. The US government would pay no more than 25 percent of the cost of U.N. peacekeeping operations. The budget would also impact multilateral development banks, which would be cut by \$650 million over three years, and assistance programs, such as Meals on Wwheels and various after school programs, would be affected as well. The programs would lose a total \$10.9 billion. In contrast, the Fulbright Program would remain safeguarded. Israel’s \$3.1 billion in annual mili-

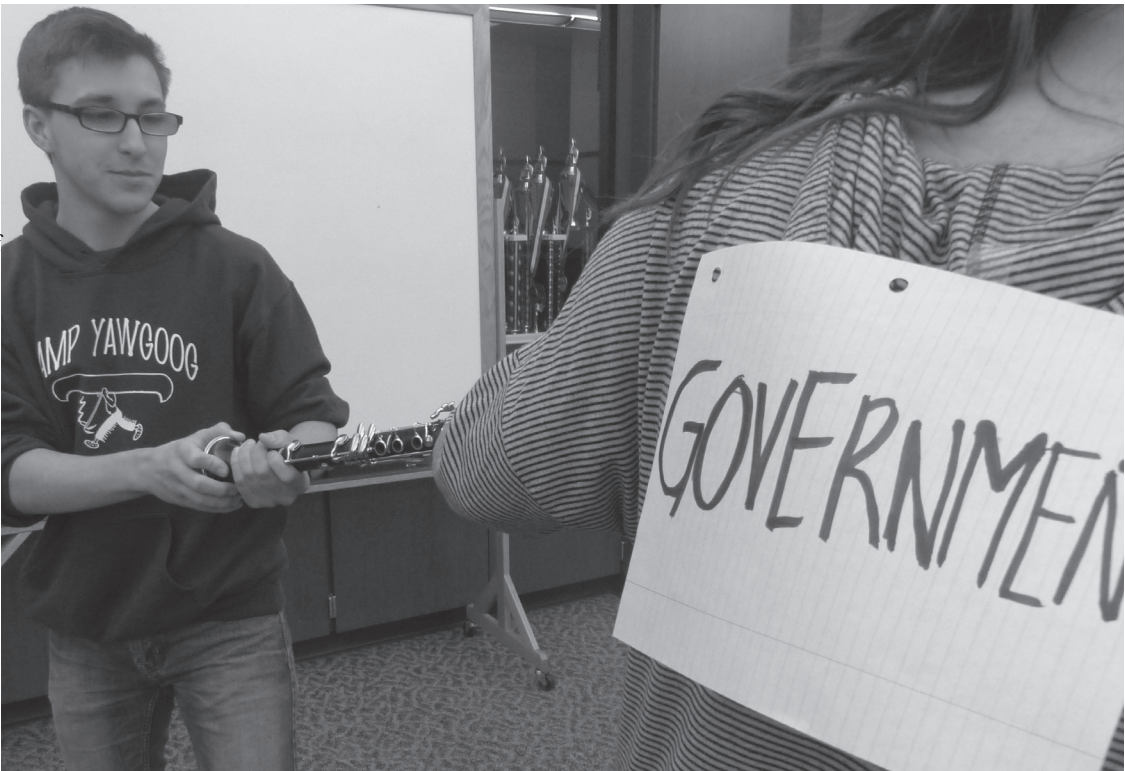


PHOTO BY GABBY CARSON

tary aid would be untouched. Agriculture will suffer a 21 percent reduction. The budget would provide \$6.2 billion for the Special Supplemental Nutrition Program for Women, Infants and Children, known as WIC, which helps expectant mothers in low income families, while making no cuts to the Food Safety and Inspection Service. It continues funding the department’s farmer-focused and competitive research programs, however. Trump wants to reduce funding for the department by making cuts to the National Forest System and the elimination of loan and grant programs for water and sewage systems. This will lead to a loss of \$4.7 Billion. The Department Labor would suffer a 21 percent decrease: a large amount of job training programs will be scaled back. This will most notably affect programs aimed at helping disadvantaged youth, seniors, and unemployed Americans. The budget would assist states in expanding apprenticeship programs for disabled workers, while also getting rid of some training grants for occupational safety and health administration. The department would lose a total of \$2.5 billion dollars.

Even as he ramps up border enforcement, hires more immigration judges, and increases the F.B.I. Budget, the Department of Justice’s budget will be cut 20 percent. Trump will be cutting funds classified as “mandatory,” such as the Crime Victims Funds, to offset discretionary spending. The construction of prisons will also be cut, which is a factor this budget relies on. Trump also plans to hire 20 lawyers to obtain land in the Southwest, which may infer bitter legal disputes from Texas to California over the seizure of private property in the near future. Overall, the Department of Justice would lose \$4 billion. The department of Health and Human Services would be reduced by 16 percent. Significant cuts would be made to the departments’ spending through the gutting of \$4.2 billion of community service programs such as the Low Income Home Energy Assistance Program, and includes a proposal a spending cut to the National Institutes of Health by 18 percent (\$5.8 billion). The Cures Act, a biomedical research bill, will receive an

Please turn to BUDGET, page 11

What’s the deal with healthcare?

By SARAH GRASSEL    President Donald  
LION’S ROAR STAFF    Trump’s election victory has brought with it a lot

of uncertainty, with one of the biggest changes expected in the Affordable Care Act, otherwise known as Obamacare. Throughout his campaign, Trump had been vocal on his opinion of Obamacare and his desire to get rid of it. Now, it looks as if Obamacare will become a thing of the past as the Affordable Care Act has a strong potential of being repealed and replaced with the newly proposed Republican bill, The American Health Care Act. The new bill would allow children to stay on their parents’ healthcare plan until they are 26 years old, and would offer people refundable tax credits to purchase health insurance, according to CNN. Medicaid would also be restructured under the new act, in which states would be given a certain amount of money from the federal government every year. People have had mixed reactions to the newly proposed bill. Speaker of the House, Paul Ryan, believes that Obamacare is “rapidly collapsing” and “it is time to turn the page.” Others warn that The American Health Care Act will result in millions of people losing health care coverage. What many people are unaware of is that everyone,



PHOTO BY KATHRYN PACKARD

including those who are not covered by Obamacare, will be affected if it is repealed, or replaced with this new bill.

Under the failed GOP plan, and according to CNBC “a total of 24 million more people would lose health coverage by 2021 if the Affordable Care Act was repealed.” This number combined with the number of people who are uninsured, even with the ACA, will result in a total of 53.5 million people without insurance. If Obamacare is replaced with The American Health Care Act, millions of people would lose coverage as well. CNN reports that by 2026, 24 million more Americans would be uninsured under the new act than under Obamacare. Without Obamacare, many people will not have access to affordable healthcare due

to their jobs not offering insurance, or the cost of healthcare coverage being too high. Joan Fanwick, a twenty-one year-old Temple University college senior living with an autoimmune disorder called Sjogren’s Syndrome, is currently covered by Obamacare. Her condition is chronic and can lead to life-threatening complications. If Obamacare is repealed, “she faces costs upwards of \$50,000 per year” as reported by Seventeen Magazine. This teenager takes many different medications daily, and requires different types

of medical equipment as well as at-home care weekly. Her medical bills to pay for all of this equipment and any unexpected medical expenses are extremely expensive, but Obamacare makes the cost manageable. According to Joan, without Obamacare “the consequences ultimately would be life-threatening.”

Even if you are not covered by Obamacare, the repeal of the ACA could drastically affect your life. NBC News reports that “the repeal

could result in an estimated 1 million jobs lost in the healthcare industries.” Some healthcare providers have already started laying employees off in anticipation of the ACA being repealed or replaced by President Trump. If Obamacare is repealed, the over twenty-million people who are insured by it will lose health care, and will have less funds to spend on medical expenses. This will result in a “lower demand for healthcare and

Please turn to HEALTHCARE, page 11

Religion

From page 3

less until [they] eventually stopped going.” Nick Albanese, who is also Catholic, stats that him and his family don’t go weekly, but make an effort to go at least once a month.

Some also find it harder and harder to find time to practice their religion with Albanese feeling he will most likely be unable to practice once he goes to college. Kristen Laliberte, who is a devout Catholic, states that sometimes it does get difficult at times because of her busy schedule. She comments, “The main thing for remaining in this religion especially with the huge chunk of time that school takes up is just by staying true to prayer and finding time each day to just try to stick to some sort of schedule.”

Some find that they leave their religion simply because they disagree with the beliefs. Lind comments, “As I grew older I heard a lot of things about the church and I realized why my parents had made us stop going.” She continues to state, “I had been considering going back but then as I came to realize I was gay I thought it over and decided I really didn’t want to be around that kind of environment. Not that all church environments are harmful for gay people, just that I feel like the one I had gone to would have been.”

Laliberte sees people that leave their faith for this reason and it saddens her. She feels that society’s views on religions are “warped, [and people] leave because they have been misinformed about the stances of many hot topics in society today.”

People’s views will always change which can lead to this loss of religion. However, this can also be how new religions begin. While many people are giving up on the religions they grew up with, maybe they will form new views and ideas that could lead to a new form of religion in the future



# Faculty Fast-Talk

## Mr. Clete Garriott

BY AIDAN ENRIGHT  
LION’S ROAR STAFF

**What is your biggest fear?** *No school*  
**What is your biggest accomplishment?** *Alaska backcountry alone (not eaten by bears)*  
**If you could meet anyone in the world who would it be?** *Steven Hawkins (probably would get bored though)*  
**If your life was a song what would it be?** *Baba O’Riley by The Who*  
**Who would play you in a movie of your life?** *Jon Lovitz*  
**Where is your dream vacation?** *Iceland (at the moment)*  
**What is your guilty pleasure?** *Kid rock*  
**What is your favorite holiday?** *Thanksgiving*  
**What is your middle name?** *Don’t have one*  
**Where did you grow up?** *Illinois*  
**What is the meaning of life?** *Still working on that one*  
**If you had the time to learn another language, what language would it be?** *Guānhuà (Mandarin)*  
**Describe yourself in one word.** *Curious*  
**When is your birthday?** *March 9th*  
**What is your spirit animal?** *Buffalo*  
**Why did you become a teacher?** *Why not*  
**What college did you attend?** *Keeping it a mystery*  
**If you could have a superpower what would it be?** *Ability to dematerialize (banish into energy)*  
**If you could have any other job what would it be?** *Engineering designer*  
**What was the longest amount of time you took to play a game of chess?** *6 weeks*  
**Would you consider your physics class to be a gulag?** *Only if you don’t toe the party line*  
**What is your favorite tie to wear?** *My stars and moon tie (bought it from a street vendor in Hong Kong)*  
**What’s your favorite past time outside of school?** *My vegetable garden*  
**What do you enjoy most about your classes?** *Watching students figure out complex ideas*  
**What other jobs have you had besides teaching?** *Screw machine operator, product engineer, and VP of engineering*



PHOTO BY JESSICA O’NEILL

**Tea or coffee?** *Both (I drink them interchangeably)*  
**What is your favorite type of physics problem?** *3D angular momentum problems*  
**What’s one thing people don’t know about you?** *I’ve been to every U.S state but Idaho and Oregon*  
**What were you like in high school?** *A wiseguy*  
**What did you want to be when you were a kid?** *A railroad engineer*

**Glass half full or half empty?** *Half empty (the water you don’t have keeps you thirsty for more)*  
**What was the most difficult class you ever took?** *Fluid mechanics*  
**Who would win in a fight you or Mr. Souness?** *He’s pretty quick but I’ve got about 70 pounds on him*  
**If you were president what would be your first initiative?** *To resign*  
**Who is your favorite scientist of all time?** *Michael Faraday*  
**Who is your least favorite American president?** *Millard Fillmore*  
**If you could invent one thing what would it be?** *A time machine*  
**How do you plan on solving the secrets of magnetism?** *Leave that to better minds*  
**What was your favorite country to live in?** *China*  
**What makes your toaster oven thermostats superior to the competition?** *I designed them*  
**If you met Sir Isaac Newton what would you say to him?** *How did you ever figure all that out*  
**Who was your idol growing up?** *My grandfather*  
**What would the school be like if you were the principal?** *Wouldn’t change a thing*  
**Favorite genre of writing?** *Biographies*  
**What do you think the greatest scientific discovery of all time is?** *Atomic Theory*  
**If you could conduct any science experiment you wanted what would it be?** *James Joule’s energy experiment*

# What happens if you get a really, really, really, really bad roommate

BY DALIA SUSLOVICH  
LION’S ROAR STAFF

Although some people get lucky with a good roommate who grows to be their friend, seventy six percent of students do not like their roommate. When going to college, there can be lots of things on your mind including classes, food, parties, and making friends. As your roommate is usually your first friend, moving in is an essential part of your initial college experience. However, if you are part of the majority of people who dislike their living situation, there are ways of dealing with bad roommates. If you have a problem with your assigned roommate, colleges



PHOTO BY GABBY CARSON

provide meetings and other services to help adapt. First, learning to live with your roommate is essential. Upon moving in, roommates meet with a resident assistant (RA) to set up a roommate agreement. This is a contract students create that lays out house rules in addition to anything else that has to be brought up. These rules can include who takes out the trash, noise policies, and often requests for no illegal substance use. However, most of the time agreements are broken. Sometimes the person you are placed with just does not compromise or change therefore making your experience terrible. Bad roommates can ruin grades and drag down your GPA. They can also deeply affect one’s stress and sanity. If something isn’t going right, you have to talk it out, and face to face conversation is the best way to do this. Technology creates more problems and allows misconception, especially in the case of text messages. Next, it is important to keep insiders out of the conversation. When other people get involved, one side could feel attacked or even bullied. If independent resolution is not possible, it is necessary to consult the RA. Resident assistants provide many forms of help during your college experience. If nothing truly helps, it just might be the best choice to change rooms. So what goes wrong? With all of the screening apps and match-making formulas, students might expect that the roomie might be someone they really want to know. Former LHS graduate, Tyler Duquette, who currently attends Keene State, explained, “I liked my college roommate. They affected me for the better. We are best friends now and we are friends with all the same people. I do know others that didn’t like their roommate but I got lucky. Neither of us really had to adjust anything, but if you don’t like your roommate you’re always allowed to talk to your RA, and there are ways to get a new roommate or switch with someone else.” Abigail Rao who graduated from Lincoln

High School in 2016 now attends URI and had a different case. She was rooming with a foreign exchange student who never ended up attending. So for most of first semester she was alone. Out of nowhere, however, a student put in a request to switch rooms, and unfortunately, was placed with her. Even the initial experience was a mess, where she totally rearranged Abby’s room. She definitely made it harder for Abby to live as problems would always arise. The roommate wouldn’t take the trash out, her side of the room was always a mess, and she would come back at late hours. Basically, she didn’t live up to the roommate agreement, nor did she change or compromise. But, Abby’s grades weren’t affected. She tried to seek for help, but nothing really changed the nature of her roommate. Her RA basically explained that she had to suck it up. Abby also had a friend who also had with problems with her roommates. Initially they were friends but, after time, it got worse. She was given the choice to leave campus or find someone else to live with. Matthew Knych ‘14, who attends Bryant University, says, “I really like my college roommate, he’s great for advice. Having a roommate in general teaches you valuable lessons of compromise. My roommate affects me in very positive ways. He has helped me grow as a person and helped me become more outgoing and talkative to girls. I know many people that have had problems with their roommates. For example, I’ve heard about roommates who have actually fought one another. There are many ways they can seek help, though. One way is going through residence life. More specifically, talking to you RAs could help as they are trained for situations of conflict.” In most schools, freshmen are paired up randomly. But, in 70 percent of schools, students can pick their own roommate whether they already know them, or through the internet. So, if you truly are scared of moving in and adjusting to a roommate you probably won’t like, using RoomSync and Roomsurf could help. One way to find roommates is through RoomSync, a Facebook app which hooks up to social media sites. Students fill out a questionnaire and then pick the roommate from algorithmically-based suggestions. They judge criteria like neatness, sleeping habits, and activities. With Roomsyc, 67 percent fewer students transfer. Roomsurf is another social networking app where students make a profile along with answering questions. They then can review the matches and select who they would most like to dorm with. Some 400,000 students have used Roomsurf since 2010. Bad roommates are a drag. It is best to deal with them as soon as you can. But, it is best to know that after all the struggle, you will finally be matched up with a roommate who’s a perfect fit.

# Students can relieve stress through exercise

BY SADIE LAFLEUR  
LION’S ROAR STAFF

Stress is unavoidable. It comes, it goes. Seven out of ten adults in the United States say they experience stress or anxiety daily, and most say it interferes at least moderately with their lives, according to a recent Anxiety and Depression Association of America , ADAA, survey on stress and anxiety disorders. When the American Psychological Association surveyed people in 2008, “more people reported physical and emotional symptoms due to stress than they did in 2007, and nearly half reported that their stress has increased in the past year.” Unfortunately, it seems impossible to not experience stress, there are techniques we can take to manage stress. Exercising and physical activity is one of the best techniques to turn to in the face of stress. The benefits of physical activity are endless, as well as taking your mind off the weight you are carrying. It i will always be promoted and encouraged to stay physically active, it is a great way to keep yourself and your heart happy. Stress can cause a lack of concentration and focus. Studies show that taking part in regular exercise is very

effective at reducing fatigue, improving alertness and concentration, and at enhancing the function of the body overall. The ADAA announced, “Scientists have found that regular participation in aerobic exercise has been shown to decrease overall levels of tension, elevate and stabilize mood, improve sleep, and improve self-esteem. Even five minutes of aerobic exercise can stimulate anti-anxiety effects.” The ADAA also found, “when stress affects the brain, with its many nerve connections, the rest of the body feels the impact as well. Exercise and other physical activity produce endorphins—chemicals in the brain that act as natural painkillers—and also improve the ability to sleep, which in turn reduces stress.” It is known to be when your body is feeling strong and healthy, your mind will feel the same. Physical activity helps bump up the production of endorphins, which can just be the solution to a hectic day. If stress is a constantly weighing you down, there are more techniques to try alongside exercise. - Eat a well-balanced meals - Get plenty of sleep every night

- Limit caffeine consumption  
- Stay positive  
Learn what causes you own stress/anxiety  
Try new hobbies or activities that make you happy  
Do not let stress take control of your mind and body.  
Take action and produce the feel-good chemicals by giving your body a chance to deal with stress. There are endless solutions, physical activity is just one simple answer.



PHOTO BY GABBY CARSON



# student life

## To ACT or not to ACT? That is the question juniors ask

**By MARY LIND** If you’re applying to college, most schools require that you take one of two tests--the SATs or the ACTs. This month, every junior will be taking the SATs, paid for by the state of Rhode Island in an effort to encourage more public school students to take it. But if you’re seriously considering going to college, you should probably take the test more than once and send your higher score to the school of your choice. These two tests, however, have their differences, and you’re likely going to do better on one than the other.

While these tests are fairly similar, there are some important differences that you should know of before you take them. In terms of math, both tests cover arithmetic, algebra I, algebra II, geometry, and trigonometry. The SAT, however, also covers data analysis in its math section. There are formulas provided in the SAT, but not the ACT. You are allowed to use a calculator on all ACT math questions but you can only use them for certain SAT questions that are in the designated calculator section.

Both tests contain language arts portions with optional essays. Both cover reading, with the SAT having five passages and the ACT having four. They both have sections on grammar, and the SAT has an additional section on relevant words in context. The SAT essay tests you on comprehension of a given text, whereas the ACT essay tests you on your ability to analyze and evaluate complicated, relevant issues in a written form. You are given 50 minutes for the SAT essay and 45 minutes for the ACT essay.

The biggest difference between the two tests in terms of subject matter is that the ACT includes a science portion. The SAT does not. The

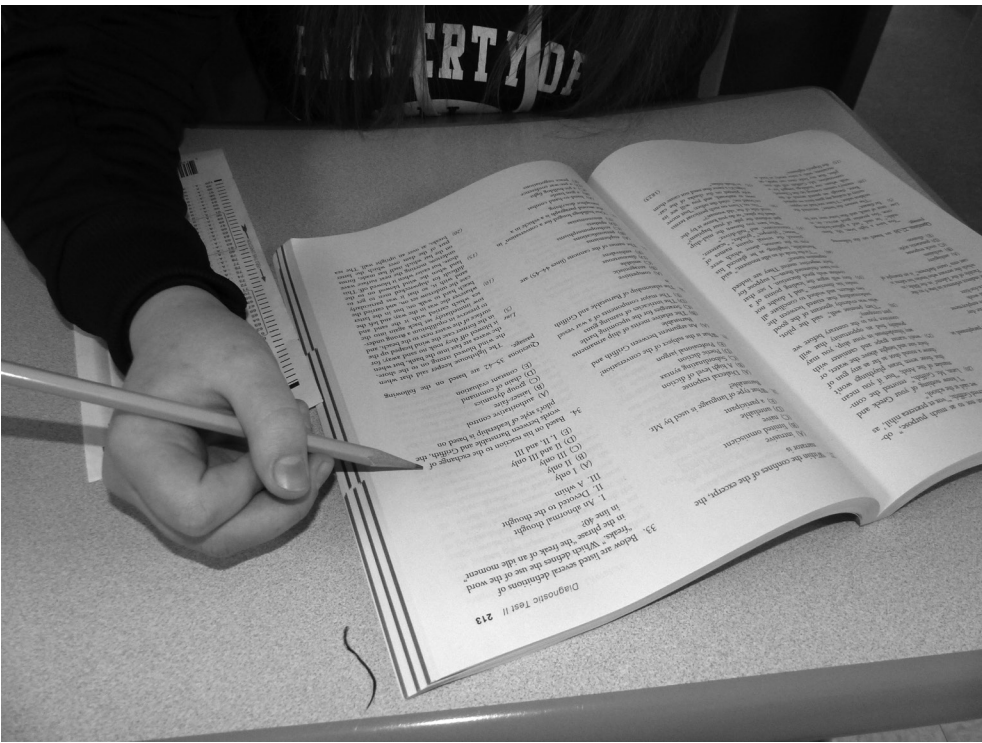


PHOTO BY ISABELLA CARPANO

Choosing between ACT and SAT is a personal choice.

science portion of the ACT isn’t a test of science knowledge, though; it’s a test of your critical thinking skills. This is slightly similar to the data analysis section of the math portion of the SAT, just with more of an emphasis on scientific principles. You’re tested on science comprehension in some of the reading passages of the SAT as well.

The ACT is scored on a scale from 1-36, and the SAT is scored on a scale of 400-1600. You won’t lose points for incorrect answers on either

test. The difficulty of the questions on the SAT increases as the test goes on, but the difficulty of the questions on the ACT is completely random. The questions on the SAT are more context-based and try to focus on real-world problem solving in multiple steps. The questions on the ACT tend to be longer, but they’re usually easier to decipher. Overall, the SAT test is more of an assessment of your ability to problem solve, whereas the ACT is more of an assessment of general knowledge.

## There are *other* ways to spend your first four years out of high school

**By MAX TOMPKINS** So you don’t want to go to college. Who blames you? Not I, says me. No pressures of grades, no creepy roommates that will steal your laptop for ramen addiction (not that I would know), and not a lifetime of debt that your children will inherit. But our society pushes everyone to college, and we’re trained to believe that without college, our diploma will be a wrapped up In-N-Out Burger’s application. Well that’s not true, not entirely (except that In-n-Out Burger is sickly delicious). So what other opportunities would someone have?

For starters, we have community college. Now now, before you start panicking again, just hear me out... what if you wanted to get your Gen-Eds (Common classes you need to take before graduating that are not your major) and spend less money? Community college is for you! Sure, there may be some stigmas against community college, such as you’ll still be more likely than not, living with your parents or not being able to spread your wings and fly into the wilderness (as much), but it’s different for everyone. With community college, a lot of options are still open to you, like: transferring to a four-year university and graduating with a degree, or working at In-N-Out burger! Depending on where you’re from, a lot of professors of other colleges do teach the same material at community colleges too, but under a different course name. It’s similar to when you walk into a 7-11 at 4:30 in the morning and struggle to choose between Catsup and Ketchup, either way it’s tomato-ey vinegar but you feel just as disappointed at yourself regardless.

Next stop is the army, maggot! Just kidding. If you want to serve in our armed forces, by all means! By now everyone and their pet rock knows the benefits of serving your country,



If you're not completely sold on college right now, you probably could name at least three more things you could do after high school graduation.

PHOTO BY AVERY POTEMRI

such as overwhelming education benefits, cash bonuses, world travel, and dental care for your family! Have you considered trade school? You won’t be trading silk and spices for a goat and beaver pelt, but rather students gain apprenticeships for licensed positions like plumber, electrician, carpenter, hair styling, certain technology positions, and so much more! The only real downside to going to trade school is being forced to go when you don’t want to advance into any of those careers. Take a gap year! This is a way to rebel against “The Man,” man! Take time off schooling after twelve years of exhausting classes and go to another country, or state. Or the quarry! Although this may not be the best idea, since inevitably you will return to a life of monotony, working like the little drone you are, it’s a nice, final taste of free-

dom one can receive before reality comes back. Don’t give in just yet. If all else fails, work at In-N-Out burger! With deliciously toasted buns and real lettuce, this restaurant is the perfect sanctuary for those who have absolutely no idea where to go or what to do with their future. This popular food chain is available in most locations, closest to us being 1106 E. I-30 Rockwall, Texas 750871-800-786-1000. And don’t worry. This fabulous establishment is only a short commute of 759.06 miles from our school! *\*The Lincoln High School Lion’s Roar newspaper is not financially endorsed by In-N-Out Burger. Now that I think about it, I don’t think anyone has ever been to said establishment, but Best Buy still sells gift cards for their restaurant. Go figure.*

## Sophomore or just sophomores?

**By SADIE LAFLEUR** One year done and three more underway. Not quite halfway there, but nearing the mark. It may not be the most iconic year, but it’s sophomore year. Not the newcomers, but not official upperclassmen. It seems to be an awkward time phase, still completely catching on to everything high school. What to do and what not to do to be successful is still a learning process.. Being a 10th grader means taking things a little more seriously while being more comfortable in your surroundings.

Sophomore year often is the start of hearing and shifting some focus on college and/or your career path after high school. A stressful topic, but also exciting to think of dream schools that could become a reality. Whether it is deciding over involvement in college activities, sports, scholarships, or even attending college at all or not, it always brings pressure and tension. Only 26 percent of high school students who graduated in 2014 and took the ACT met college readiness benchmarks in English, reading, math and science, according to a report released last week by the nonprofit organization behind the exam. But experts say that most colleges are understanding about poor grades early on in a teen’s academic career. “As long as there is an upward trend in improvement, then a lot of those lower grades and lower performances can be explained through letters of recommendation,” says Lynn Davis, a counselor at Brownsburg High School in Indiana. Many kids sophomore year come in an awkward phase because of an exhausting effort to transition to high school during freshmen year, says Brad Sachs, a family psychologist . Other teens may just be trying to figure themselves out. “Adolescents are beginning to question which of the objectives and goals and initiatives that they’ve been pursuing are really for other people, such as their parents or teachers, and which ones are for them,” he says. One of the biggest obstacles of your high school career will be taking the SAT and/or ACT. Some students take only one, but others will take both. If you’re planning to go to college, these



# a day in the life of

## STUDENTS AND TEACHERS

### BONDS THAT LAST

PHOTO: SYED ALI HUSAIN



Mr. Jay Schofield, Syed Ali Husain and Mrs. Melissa Schofield.

PHOTO BY GABBY CARSON



Mr. Chris Allen and Samantha Andrews.

PHOTO: HAILEY JOYCE



Hailey Joyce and Mrs. Bethany Bedrossian.

PHOTO BY GABBY CARSON



Isabella Diorio and Mrs. Clara Medeiros.

High school is often an awkward, transitional time in a student's life. It's filled with stress from school, extracurricular activities, and trying to find one's place, among other things. One of the most important of these things is the friendships students form, including the close bonds many form with their teachers. The relationships they make with teachers in high school can have long-lasting positive impacts on students, not just academically, but also socially and mentally.

According to NYU, "Studies of middle and high school students have shown that students shape their own educational expectations from their perceptions of their teachers' expectations (Muller, Katz, & Dance, 1999)." Thus teachers not only serve as instructors, but simultaneously act as role models that impact a student's drive in and out of the classroom. Academically, teachers are essential to breeding interest in students, and socially, studies have shown that teachers play a role in peer relationships. NYU continues, "Teacher-student relationships can have a significant effect on the peer acceptance of students. Teachers' interactions with students can affect classmates' perceptions of individual students, in turn affecting which students classmates choose to interact with and accept (Hughes et al., 1999)." A teacher's interaction with his or her students influences their interactions with one another, therefore the attitudes teachers exude towards their subjects has significant effects on every aspect of a student's life.

Usnews.com confirms that the teacher-student relationship is essential to success in high school. Students can get by without much help, however opening themselves up to the resources around them gives them the opportunity to find someone "To help with college letters of recommendation, to develop professional and networking connections, to have a source of mentorship, [and to have] as a source of friendship." In other words, being friendly with their teachers opens doors for students, creating connections that will help them long into the future.

Teachers at LHS agree that mutual respect between them and their students allows for success for both parties. "I do the best I can to treat my students with respect with the expectation that they are individuals who are learning about life," says music and exhibition teacher Mr. Brandon Lahoud. Spanish teacher Ms. Clara Medeiros concurs, saying that she always tries to see her students as "people first and students second." Students are more likely to form bonds with teachers that they feel really care about them personally. This allows them to feel comfortable with that particular teacher. "It starts with that," reflects band teacher Mr. David Enos, "and you can't fake it."

In addition to a feeling of comfort, shared experiences bring teachers and students closer together. Math teacher Mrs. Melissa Schofield has a son who is the same age as her students, and she "often asks them their opinions" on



# the life of lhs

## TEACHERS FORM

## AST A LIFETIME

things she’s going through with him. Students will share their thoughts with her, and that helps her “reflect” on her decisions raising a teenager. This year, she said that her students have “taught me how Snapchat works, gave me the scoop on Driver’s Ed and how to help handle a tough breakup.” Similarly, Mr. Enos stated that, in his role as the band director, there’s “a feeling of being in it together.” He elaborates, “When we perform, we succeed or fail together,” adding that they “really rely on each other to be successful.” In this way, bonds between students and teachers are mutually beneficial.

For students, becoming close with a teacher can help later on when it’s time for college letters of recommendation or if you’re looking for internship opportunities or other connections, as usnews.com points out. They can also be fantastic mentors during the difficult high school years. They’ve been there before, they live it every day, and they are willing to provide sage advice for many problems both school and non-school related. “It makes teachers more enthusiastic about their jobs,” says librarian Mrs. Patricia Vivari. “I can honestly say that I enjoy seeing former students and hearing about their lives beyond LHS, and it’s nice to feel that in some small way, I helped them become who they are, just as they helped me be who I am.” Sometimes the teachers learn and benefit just as much from their students.

Mrs. Schofield adds that a mutually respectful bond can make “the difficult stuff, like math, less painful.” Mrs. Medeiros supported how much the relationship of mutual support and respect impacts the learning environment, saying “If I only see them through the scope of Spanish teacher, I would miss so much more of the human experiences that connect us all...If we can share good times together and encourage each other through more difficult ones, the learning experience is so much more positive.”

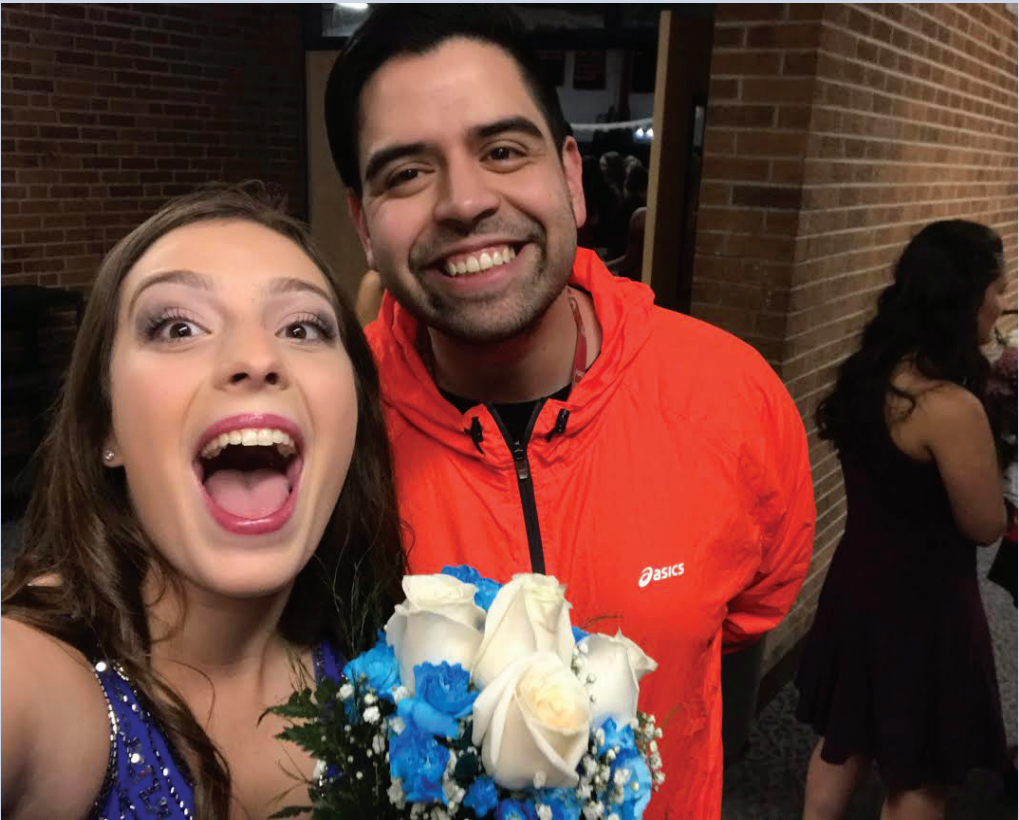
Lincoln students are fortunate to be in such a positive environment, which, in addition to making the school day easier for them, also “makes teaching easier,” says Lahoud. Several LHS students feel similarly, including Amanda Ryan, a junior, who believes “teachers that forge lasting bonds with their students are those who go beyond their role of being solely a teacher.” Senior Ariana Beliveau agreed, “for a teacher to gain a relationship with a student, they have to make the student feel comfortable.” She continued further, “there are a lot of teachers that don’t have that student interaction and just teach a lesson and that’s it, while others engage with the class, make them laugh, and make them feel welcomed.”

Sometimes students just need a little extra nudge in order to do their best in school, and forming bonds with their teachers could give them the extra motivation that they’ve been looking for. That’s why, as an example, Lahoud ends “every class with ‘go forth and do good things’—because they can, and they can change the world. They just need someone to tell them it’s okay, and that they can do it.”



Tommy Beauchemin and Mr. Frank Yip.

PHOTO: TOMMY BEAUCHEMIN



Delaney Cavanaugh and Mr. Brandon Lahoud.

PHOTO: DELANEY CAVANAUGH



Miles Tessier, Angela Macksoud, Mr. Connor McCloskey, Carly Swanson and Stefan Duda.

PHOTO: CARLY SWANSON



# LHS FBLA takes the competition by storm

By CAMRYN THOMPSON  
*LION’S ROAR STAFF* Future Business

Leaders of America at Lincoln High School has approximately 100 members in its Chapter. This makes it the largest Chapter Statewide. Every year, members of FBLA compete against students from all over Rhode Island and come home with numerous awards each time. The students show hard work and dedication both in and out of the classroom, in order to achieve the prestigious accolades that they do. This year Lincoln High School took home 30 awards at the FBLA State Competition. Mrs. Murray an FBLA advisor commented on this year’s competition and said, “As I was sitting at the Awards Banquet this year, I was so honored and impressed with how well our Lincoln students did. The students were recognized for many top place awards. This year we said goodbye to two state officers but hello to one. More importantly, I hope that even if a student didn’t place this year, he/she learned something from this experience, whether how to deal gracefully with not placing, what they can improve on for next year, or the name of a fellow state FBLA member. All in all this was a great year for students.” With so much success this year, it will be great to see what Lincoln High School students can do next year.

**FBLA State Competition Winners**

**1st Place**  
Business Communications- Ashley Votta  
FBLA Principles and Procedures- Khatarina Nolan  
Introduction to Financial Math- Nick Albanese  
Future Business Leader- Matthew Mardo  
Job Interviewer- Victoria Lane  
Local Chapter Annual Business Report- Christina Gosselin  
Local Chapter Newsletter- Sophia Drezek & Katie Swanson  
Local Chapter



PHOTO BY GABBY CARSON



PHOTO BY GABBY CARSON  
Future Business Leader- Ashley Votta  
Organizational Leadership- Michael Matkowski

**3rd Place**  
Business Communications- Matthew Mardo  
FBLA Principles and Procedures- Sophia Drezek  
Introduction to Business- Adam Zangari

**4th Place**  
Business Calculations- Michael Matkowski  
Entrepreneurship- Margaux Bessette & Julia Germani  
FBLA Principles and Procedures- Christina Gosselin  
Intro to Business Communications- Sophia Drezek  
Introductions to Business Procedures- Nicole Lezon  
Introduction to Financial Math- Karan Shah  
Public Speaking 1- Adam Zangari  
Public Speaking 2-Ashley Votta  
Organizational Leadership-Matthew Mardo

**5th Place**  
FBLA Principles and Procedures- Aalyah Ribeiro  
Job Interview- Amanda Ryan  
Management Decision Making- Brooke Emond, Christian Gosselin, Grace Weggeland  
Organizational Leadership- Amanda Ryan

A special congrats to our **State Who’s Who Winner-** Matthew Mardo

Congratulations Amanda Ryan, 2017-2018 **State Secretary!**

Scrapbook-Mackenzie Barakat & Leila Loparto

**2nd Place**  
Business Calculations-Amanda Ryan  
Global Business-Thomas Beauchemin & Ali Husain  
Intro to Business Communications-Adam Zangari  
Introduction to Financial Math- Nicole Lezon

# THE EVOLUTION OF MILEY CYRUS

By DALIA SUSLOVICH  
*LION’S ROAR STAFF*

Little Hannah Montana grew up to have a bad rep by many people. Due to her provocative outfits, twerking, and music videos, many people began to dislike the young celebrity. And still, to this day, people view Miley Cyrus as a bad person because of the choices she has made. Society chooses not to acknowledge her hard work and positive impacts to the world. She says and does whatever it is to make herself happy no matter what people could say about her which is a lesson worth learning. Miley Cyrus speaks up and takes action for what she believes in and has become the voice of our generation.

Miley Cyrus started the Happy Hippie Foundation for a number of reasons. The famous singer, songwriter and childhood actress, identifies as pansexual, meaning she is attracted to a person’s personality over gender. She teamed up with “My Friend’s Place,” another LGBT support foundation. On December 2014, she had an idea to start her own foundation after hearing of the loss of Leelah Alcorn, a teen struggling with gender identity who committed suicide because she wasn’t understood by her parents according to ABC News. The website, www.happyhippies.org, states “Now more than ever we need to be #StrongerTogether and commit to creating the America we want.” Her project allows you to pledge and take action in your community with issues about education, LGBTQ rights, women’s rights, social justice, homeless youth, mental health, environment, and animal welfare.

Partnering with DonorsChoose.org, Miley makes it easier to help a classroom in need. Public school teachers on this website can put in requests for projects and you can give any amount you want. This website gives underprivileged schools tools and experiences they need for a great education.

Cyrus brings attention to the injustice faced by the LGBTQ and homeless youth. LGBT kids

are ending up on streets because of their gender identity or because their sexual orientation causes conflicts amongst their families. One in four kids are thrown out or run away because of lack of acceptance. Simply, parents don’t understand and teens don’t even feel safe in their own homes.

40% of youth on streets are LGBT. Homophobia still exists throughout our country. A good amount of LGBT youth are found in correctional facilities. 13% of youth in juvenile detention are LGBT. 41% of trans-genders attempt suicide. Suicide is the second leading cause of death among people 15-24 years old. It is important to talk to someone or contact crisis text line, national suicide prevention hotline, the trevor project, or trans lifeline.

Miley is also a huge advocate for Planned Parenthood. Her website helps assist you pledge to help provide reproductive health information and services by volunteering.

Helping animal welfare can be done on her website as well. She is partnered with the Humane Society. HSUS is the nation’s most effective animal protection organization. Through their animal rescue and care, they save and directly care for thousands of animals a year. The organization also advocated for animals through public policy, corporate reforms and many campaigns which confront national and global cruelties. They have many services including training in local shelters and rescue groups which also support spay/neuter, adoption initiatives, and other caring tips. The Humane Society truly give all animals a better future.

Miley Cyrus helps fight injustice against vulnerable populations. While strongly encouraging volunteer work and other sorts of help, Cyrus is changing the world one step at a time. When donating to the Happy Hippie Foundation fund programs that support all sorts of projects, your money goes 100% to benefit those in need.

“We believe in the power of young people to change the world. We challenge injustice, even when it’s controversial. We know that we are stronger together when we raise our voices and take action to make an impact.”



PHOTO: CREATIVE COMMONS

# Is make-up influencing our self-esteem?

By SARAH BROUILLARD  
*LION’S ROAR STAFF* Social expectations can greatly affect women and girls, making

them feel like they have to wear makeup to fit in. They are pressured to look certain ways in certain situations. “Don’t wear too much at school”, society screams. “Don’t wear too little at parties. Always look attractive and never look like you’re trying too hard.”

About 20 percent of girls between 8 and 18 who wear makeup say that it is because they feel unattractive without it. Girls in high schools who wear makeup routinely are usually less confident when they aren’t wearing any. They’ll make less eye contact, avoid interactions with other people, and overall try to hide from the social world of high school. They feel less confident in class because they have time to sit and think about how they look.

As girls grow older, beauty related pressure increases. Only 11 percent of girls around the world consider themselves beautiful, and 72 percent feel a huge pressure to be beautiful.

Makeup allows girls to cover up the parts of themselves that they are less confident with and highlight certain parts that they are proud of, which boosts their confidence.

High school students often see makeup as a tool for changing, improving, or “fixing” how they look. They feel that makeup makes them cooler, more attractive, and able to fit in with their surroundings.

Makeup is often used as a defense mechanism. Girls cake on foundation and concealer to cover up acne, blemishes, and other “imperfections”,

and use certain products as a form of security, something that they’ll never leave the house without wearing, such as mascara, eyeliner, or lipstick.

Girls often don’t get to wear the makeup that they want to either. They’ll wear light colors of eyeshadow and no bright lipstick, because someone might judge the way that they embrace beauty. Blending in and never standing out is key to surviving the toxic environments of social life. So, teenage girls struggle in the morning and continuously throughout the day perfecting their makeup the way that others want them to, conforming to expectations.

The strange thing is, 80 percent of women agree that every woman has beautiful qualities, yet they refuse to believe that they themselves do.

The Dove Beauty Campaign is dedicated to showing women and girls their true beauty by educating them about self-esteem. “We believe beauty should be a source of confidence, and not anxiety. That’s why we are here to help women everywhere develop a positive relationship with the way they look, helping them raise their self-

esteem and realize their full potential.”

Through global research, they have found that “only 4 percent of women around the world consider themselves beautiful”. Six out of 10 girls



PHOTO BY AVERY POTEMRI

are so anxious about the way they look that they refuse to participate in aspects of daily life, like playing sports, visiting friends, or even going to school. “When women and girls choose not to participate fully in life, society as a whole misses out,” the website states. “We’re on a mission to help the next generation of women develop a positive relationship with the way they look - helping them raise their self-esteem and realize their full potential.”

Alicia Keys started a #nomakeup campaign, declaring that “women are brainwashed into feeling like we have to be skinny, or sexy, or desirable, or perfect. One of the many things I was tired of was the constant judgment of women.”

In one of her songs she addresses this issue by saying “In the morning from the minute that I wake up / What if I don’t want to put on all

that makeup / Who says I must conceal what I’m made of / Maybe all this Maybelline is covering my self-esteem.”

Keys speaks to all girls everywhere when she describes her own personal experiences with makeup, and decides “I don’t want to cover up anymore. Not my face, not my mind, not my soul, not my thoughts, not my dreams, not my struggles, not my emotional growth. Nothing.”

Many women and girls, however, don’t wear makeup because they’re not confident with themselves, but because it makes them feel like better versions of themselves. A slight touch of makeup can make a girl feel so much better about presenting herself in public. They wear it for themselves, not to attract the attention of others.

Taking pride in your appearance does not harm your confidence. Putting on makeup doesn’t mean you’re not satisfied with the way you look. Makeup allows women and girls to express themselves in the ways that they want. A girl chooses how she will present herself, and this choice helps her self-esteem.

What high school girls really need to learn is that other girls are not competition, they’re allies. Makeup should be used to embrace femininity and beauty. Makeup is an art form and should be accepted any way that a person feels comfortable wearing it, without judgement.

Makeup doesn’t just change a person’s outside appearance, it changes them on the inside. Though it should not be used to cover up a person’s true self, it gives them strength, power, and confidence, things any high school girl could use.



# sports

## An Honor to Be Recognized, a Legacy to Cherish Athletic Awards Inspire, Challenge

By **RANDALL HIEN** AND  
**GIANCARLO RICCI**  
*LION’S ROAR STAFF*

Is winning an award really all about receiving? “It’s always an amazing feeling when all the hard work you put into something pays off... Winning this award was so exciting for me but it also encouraged me to work harder and push myself because there’s always room for improvement,” says Trevor Marques, the most recent winner of the Charles A. Hien Award.

Given to the most-outstanding male athlete, the Charles A. Hien Award represents honoring athletic ability at Lincoln High School. This year marks the 50th anniversary of the award as it was first presented to Frank Chartier in 1967. Who will be the 50th winner?

The Katherine Tiberii award also represents honoring athletic ability at Lincoln High School. This award is presented to the most outstanding female athlete. The award was first given to Bevelry Bedard in 1969. This year marks the 48th year the award has been given. Who do you think the front-runner is?

These awards challenge and motivate LHS athletes to strive to be the best that they can possibly be. The Award recognizes student athletes that have consistently, throughout their high school careers, worked harder to rise above the competition.

The list of Charles A. Hien Award and the Katherine Tiberii Award recipients connect the past to the present. Memories of the past translate to memories that can be talked about in the present, especially when it is through family legacy.

This prestigious award is named after Charles A. Hein, (grandfather this reporter, Randall Hien). Charles Hien was one of the first boosters in the town of Lincoln in the 60s. The Award is named for him because he epitomized sports-manship and leadership in the town of Lincoln.



Mr. Paul Dalpe won the Charles A. Hien Award in 1989.

PHOTO BY GRACE SWANSON

Every year when the Charles Hien Award is passed down, students and family members alike a moment to remember him. Jeanine Hien, wife of Charles, talks about her beloved husband: “He truly was the best person ever. Everybody knew who he was, everybody loved him. He was just one of those guys who everyone loved around the town.”

School Committee member John Picozzi is

also a past winner. (And in the spirit of full disclosure, is uncle to reporter Giancarlo Ricci.) Picozzi, who won the award in 1988, recalls, “I felt very special and blessed. Athletic talent is something people are born with, you either have it or you don’t. So, being honored with this award was a great feeling knowing I will forever be remembered on the walls of Lincoln High School.” Picozzi was an exceptional football

and tennis player at Lincoln High School and continued his athletic career at Salve Regina.

Last year, the winner of the Katherine Tiberii award was Adriana Toro for her talents in softball. “Having my name on the Katherine Tiberii award that is displayed at LHS is a great honor. Throughout my four years at LHS I worked extremely hard to make sure that the softball program was successful, not only on the field but off the field as well. It’s nice to know that a symbol of my hard work and dedication to LHS will always be known and remembered.” Toro continued her softball career as a starter at Division I Coastal Carolina University, where her hard work has paid off.

The 1985 Charles A. Hien Award winner, Paul Rao, was also an exceptional athlete. He is the uncle to recent graduates, Tanner Alves, Abby Rao, and Colby Alves. “It is an honor to win the award because of the hard work I put in and it’s also an honor for my name to be affiliated within the award,” he said. Mr. Rao excelled in football but also track and field.

Football Coach and current teacher at Lincoln High School, Paul Dalpe was another winner of the award in 1989. “Since the award is voted on by all LHS coaches, it was an honor to have other coaches think of me as deserving to win.” Mr. Dalpe was a terrific football, baseball, and basketball player.

A more recent winner, Michael Morra, winner of the award in 2015, is freshman Matt Morra’s brother. “Receiving the trophy felt really good. When you are handed a trophy with your name on it and your name is literally etched into the walls of your high school in multiple places, you have to have an immense sense of pride. I put my all into my sports and did what no one else was doing. I was being recognized for what I accomplished in my life as Michael Morra.” He really

Please turn to AWARDS, page 8

# Improve Your Grades!

## Tutoring Students K thru College

- All Subjects
- Homework Assistance
- Guided Reading/Writing
- Effective 1-on-1 Instruction
- SAT / ACT Prep
- Sr. Portfolio Prep
- Flexible Locations
- Available 7 Days a Week!

A<sup>+</sup> Academic Advantage



call **Rick Deutsch** at **401-921-5860** or visit  
**www.academicadvantageRI.com**



# lions by numbers

*In the spirit of April Foolery,  
this month’s numbers are jokes!*

What did the  
number **0**  
say to **8**?  
  
Nice Belt!



**3**



statisticians go out  
hunting together.  
After a while they spot a solitary  
rabbit.

The first statistician takes aim and  
overshoots.

The second aims and undershoots.

The third shouts out,  
“We got him!”

To the guy who  
invented  
  
**0**,  
thanks for  
nothing.

Why did the two  
**4**’s  
skip lunch?  
They already  
**8**!

Why shouldn’t  
you say  
  
**288**  
in school?  
Because it’s  
two gross

Math Teacher: “If I have  
  
**5** bottles in one hand and **6**  
in the other hand, what do I  
have?”  
  
Student: “A drinking problem.”

If you had **4** apples  
and **5** oranges in one hand and  
**6** apples and **7** oranges in the  
other, what would you have?  
  
Very large hands

Did you hear about  
the mathematician  
who is scared of  
negative numbers?  
He’ll stop at nothing  
  
**(0)**  
  
to avoid them

Why can’t your nose be  
  
**12**  
inches long?  
Because, then it would be a foot!

Why doesn’t  
  
**4** like **5**?  
Because he’s odd.

Why do golfers  
carry a spare pair  
of socks?  
In case they get a  
hole in  
  
**1**



# continued...

## Censorship

From page 2

*Eleanor & Park* by Rainbow Rowell was banned in some public schools for being negative and profane when discussing child abuse, domestic abuse, and bullying, real social issues that occur across the nation.

*The Outsiders* by S. E. Hinton -- an extremely popular book in middle and high schools across the country -- was banned for depicting drug use, alcohol abuse, and children from broken homes.

In the eyes of the American public schools and libraries, if a book points out a problem with America, the book becomes the problem. Children with the privilege of not having faced these horrors in their own lives should be aware of the difficulties of their peers. Maybe then, without the shield of ignorance, would the American society improve.

If we ignore the problem, if we shield children from it, if we all pretend that it doesn’t exist in our nation, in our society, won’t it just go away?

Unfortunately, some books have been detrimental to humanity. *The Communist Manifesto*, *Mein Kampf*, and religious texts from all over the world have been blamed for sparking conflicts and justifying killing on a large scale. Though these books have been associated with many horrible and tragic events, we need them now so that we can learn from our mistakes and remember how they affected us.

If we ignore the past, if we pretend that the bad never happened, if we continue to believe that a human being could never do wrong, won’t it just go away?

Being aware of the truth does not harm the youth. It instead opens their eyes to the world around them. It gives them something to identify with, something to **want** to change, something that may finally prompt action. If we don’t fight for the right to read, if we don’t fight for the right to know our past, the right to know our nation, to know our society, to know the problems that we and the people around us face,

Won’t it just go away?

## Vivision

From page 2

couple of *Polly Pocket* accessories and one trip to the emergency room, ugh, changed my mind. (The hearing in my left ear has never been the same.)

**You raced tens of millions of other swimmers and were the first to reach your biological mother’s egg. Each and every one of us is a genetic winner.**

Guidance kept telling me that this was an inappropriate piece of information to put in the “Awards and Recognitions” section of my *Com-mon App*. :/

**No matter how old you get, there will always be something you haven’t tried yet.**

Not gonna lie, this fact gave me a bit of anxiety. My bucket list is already sooooo long.

**Every year the Netherlands sends 20,000 tulip bulbs to Canada to thank them for their aid in the Second World War.**

The Netherlands and Canada sittin’ in a tree, forming an A-L-L-I-A-N-C-E.

**On April 1, 1957, a BBC news program ended with a three minute segment about a spaghetti farm in Switzerland where spaghetti grew on trees. Lots of people fell for the hoax and contacted the BBC to ask how to grow their own. Their response: “Place a sprig of spaghetti in a tin of tomato sauce and hope for the best.”**

The human race never fails to entertain me.

## Budget

From page 3

increase in funding by 21 percent (\$200 million) over 2017. The budget will decrease by \$12.6 billion. This is just the tip of the iceberg, 7 other departments will suffer cuts as well, such as the Department of Energy, and the Department of Transportation. Trump will, however, be increasing funding for the Department of Veteran Affairs, which will be given a \$4.4 billion dollar increase.

The department will do well under Trump’s budget, and most of the money will be put toward veteran’s health care programs and significant improvement in its I.T structure.

The Department of Homeland Security will see an increase of \$2.8 billion to its funding. About \$2.6 billion of which will be put towards border security technology and infrastructure....including the early stages of a wall between the United States and Mexico. \$314 million will be set aside to hire and train 500 Border Patrol agents and 1,000 Immigration and Customs Enforcement personnel next year. Another \$1.5 billion would go toward supporting the detention and removal of illegal immigrants. No mention of the Coast Guard was made in the budget. The Department of Defense will receive a hefty, (and some say unneeded) \$52.3 billion dollar increase. It is not clear how all of the increases would be distributed. Some money would go to accelerating the fight against the Islamic State, and some to pay for more warships and fighter jets. Trump will face difficulty getting this budget proposal through Congress, where the risk of automatic spending cuts, known as sequestration, has acted as a halt on military spending. Many American military officials, such as the defense secretary, have spoken out against efforts to cut foreign aid in favor of more defense spending. Many foreign aid programs that are threatened to be cut, are said by such officials to contribute to global stability, and are viewed to be important in helping avoid future conflicts.

## Healthcare

From page 8

the number of people to supply it, with ripple effects that will include nurses, health technicians, and other medical personnel.” Hospitals and doctors offices rely on patients, and the loss of patients will results in the layoff of workers.

Some people are unaware that the ACA has made changes in every part of the healthcare system, including private healthcare. According to The Charlotte Observer, “people who get insurance through their employers - an estimated 150 million - may lose consumer protections they have come to expect from their job-based plans.”

The ACA requires all new health plans to cover recommended preventive services without out-of-pocket expenses. This includes screenings such as mammograms and colonoscopies. Employer-based plans are also prohibited by the ACA “from setting annual or lifetime limits on what insurance will pay for ‘essential health benefits’ outlined in the law.”

If you have a serious illness, an extended hospital stay or a baby who was born prematurely, medical bills start to add up quickly, and without the ACA employer-based plans will be able to set a limit on benefits. The effects of an ACA repeal or replacement is expected to be felt by US residents in all regions of the nation.

## Sophomores

From page 5

tests are pretty much mandatory, and they are weighted pretty heavily in admission decisions. The best way to improve your testing abilities is to take the pre-SAT and/or pre-ACT tests. It’s important to learn this year the exam study skills that will help you focus. In the PSAT and pre-ACT classes available, you learn the components of the exams and how you can improve your testing skills. Taking the tests and the classes may not guarantee you a better score, but they certainly help many students stay focused.

Choosing electives in Sophomore year going into junior year begin to matter more. When you’re a sophomore, electives begin to matter more to you both in honing your interests while also doing what will look good on college applications. Suddenly it seems like you’re not choosing electives just to have fun, but instead to get into the places you want to go

Although through its awkwardness, sophomore year may be the best year for some. It’s not the heavy stress of Junior year, not in the low of the Freshmen, and still working towards two more full years. Some may take sophomore year in a laid back approach compared to the other three years. A senior Nathan Lozeau comments, “I enjoyed sophomore year because I was more comfortable in the school once i knew I had my

foot in the door and I knew just what to expect.”

On the other hand, sophomore year may have been a boring experience for some. Isaiah Estrada, a junior says “There was nothing exciting about sophomore year. It was not the first year of a new school, but not even close to last years either. You can’t look forward to graduation in with another full two years ahead.”

Being a sophomore, there can be many different kinds of experiences, the ups and downs and highs and lows. David chatty, a sophomore himself comments his opinion, “sophomore year has been a roller coaster ride. But, overall a big improvement from freshman year. I have learned many important values in school and on the soccer field. All these experiences are values memories that will last me a lifetime.”

With one year under the belt, sophomore year is an interesting time phase. Filled with drivers ed, PSAT’s, and everything in between. It is a year to learn and grow upon an LHS.

## DeVos

From page 1

run but publicly funded. They are free to sway from most state guidelines (besides tests) and can range in size from a single homeschooled student to thousands across the country learning together. Charter schools are often viewed two different ways. Advocates like DeVos see them as a leg up for disadvantaged kids and a chance for students in the public-school system to expand their horizons. If a child loves to build, a charter focused on engineering can encourage those interests. DeVos has pushed for fewer regulations in her home state of Michigan, while she and her husband have lead the Dick and Betsy DeVos Family Foundation, a non-profit school choice advocacy group. They also have a private investment firm, the Windquest Group, which invests in technology. As chairman of the American Federation for Children, she has supported candidates who endorse using vouchers or other programs, including tax-credit scholarships, to help send children to private schools.

On the topic of vouchers, Devos is a strong proponent. An education voucher (also referred to as opportunity scholarships, are state-funded scholarships that pay for students to attend private school rather than public school) lets parents apply that money to a private or religious school, perhaps if they live in an area with bad public schools or want to give their child a specific kind of education. Today, roughly 400,000 kids in 29 states attend schools with help from a voucher, according to the advocacy group EdChoice. Supporters like Devos say the system gives at-risk kids a better shot at getting a quality education. With a voucher, they can attend a school to which their family otherwise has no access. Critics believe the vouchers strip funds away from public schools, since taxpayer dollars are getting diverted to fund private education. As secretary of education, DeVos has promised to expand voucher programs with President-elect Trump’s goal to provide more school choice in mind. In the past Trump has expressed public schools to be “a government-run monopoly.”

However, charter schools and vouchers could possibly very detrimental for special education students. The Individuals with Disabilities Act (IDEA) ensures “that all children with disabilities are entitled to a free appropriate public education to meet their unique needs and prepare them for further education, employment, and independent living.” Yet, the Center for Parent Information Resources has written on its website, “if more students apply to the school than the charter can serve, the charter may use a random selection system to determine student enrollment.” This means that if a school is close to exceeding enrollment limit and their is very intense competi-

tion for admission, the admission selection is not always random. The NC Policy Watch stated, “...charter critics say they believe some schools may be “cherry picking” pupils; in other words, intentionally excluding low-income and minority students who, according to data, are more likely to trail their peers academically.” If charter schools already discriminate against these groups, what would stop them from keeping special needs children out as well due to the expenses and time it consumes.

In the face of all the problems that could ensue for at risk children and those under public school systems, Betsy Devos always states that she has the best interest of children in mind. “Above all, I believe every child, no matter their zip code or their parents’ jobs, deserves access to a quality education.”

## Awards

From page 8

tries to get the message across to live life with a purpose and do not take anything for granted.

“Everything I did and still do to this day is done with a purpose. Everything you do should be done with a purpose and with your heart behind it. Receiving that trophy in front of my family, friends, and peers showed how much heart I put into my life as an athlete.” Michael Morra is known as one of Lincoln High School’s best wrestlers as he was first team all-division four consecutive years and was named all-state his senior year.

Leading her team all the way to an undefeated season and winning the state-championship, Lindsay Mayer was a phenomenal softball player at Lincoln High School. “I was so happy that I won and was also so thankful for the school to recognize my athletic success. Also, I was really honored to be remembered with other amazing athletes to compete at Lincoln High School.” Lindsay, sister to sophomore Cory Mayer, was able to continue her athletic softball career at Fordham University for softball.

One way to celebrate with your family legacy is talk about your past memories. Go ahead and ask your parents, your grandparents, your aunts and uncles, or even your older siblings about what they remember from their past.

Tommy Beauchemin, voted Mr. LHS of the 2017 class, has received a large amount of awards and achieved many things in his life and this season. He says, “it’s not all about natural talent, hard work and dedication is what make great athletes great.”

Michael Morra talked briefly on how important being recognized can be. “This is an honor that sticks with you forever,” he said, “and when or if you have kids, a wife, a husband, or whatever, the case may be that you can bring them back to your high school 30 years from now and see 30 new names but yours is still there.”

Lindsay Mayer reflected on the lasting impact of the recognition. “Even though I am not in high school anymore I hope to do my best to not only represent myself as an athlete and person, but also to represent the high school, town, coaches and teachers that helped me become successful,” she said. “I hope that when people look at the trophy and see my name, it inspires them to be the best athlete they can be, just as it did for me.”

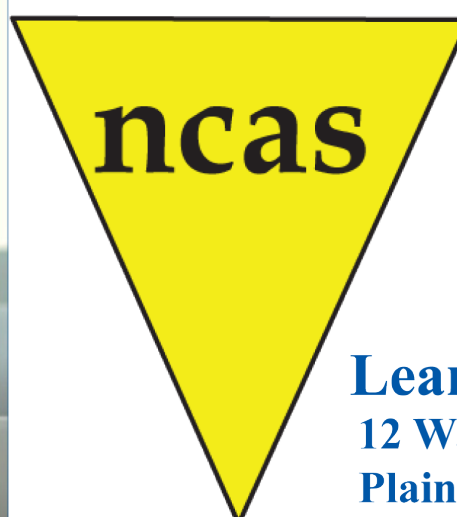
Award season is officially approaching at Lincoln High School. The sports awards include the Charles A. Hien award, the Katherine Tiberii Award, the White award (given to the person with highest rank and has received three varsity letters) , and the Michael Monteleone award.

Now, as the coaches of the sports teams from Lincoln High School start to gather to determine who will receive the most outstanding male athlete award, who do you think deserves it the most?

**Better than ever.**

**www.lincolnlionsroar.com**





**Learning Center**  
12 Washington Street  
Plainville, MA 02762

**508-761-8183**

# Students excel through our PSAT, SAT, SAT II Test Prep!

*Join our highly acclaimed*

## **College Bound Program!**

Over 24 years of successful track record in preparing  
students for test prep and college placement.

**\* One-on-One Tutorials**

**\* College Selection & College Applications**

**Call today! 508-761-8183**



**Learning Center**

12 Washington St.  
Plainville MA 02762

[www.NcasLearningCenter.com](http://www.NcasLearningCenter.com)